



# Crisis Intervention Training (CIT) Youth

## TRAINING GOALS AND IMPACT OF CIT

A large portion of juvenile justice-involved youth present with behaviors that manifest as a result of a mental health challenge. CIT Youth Training gives participants an opportunity to understand unique distinctions between how behavioral health manifests in adults and youth.

## IN THIS 8 HOUR, 1 DAY TRAINING:

- Minimize safety issues by knowing how to recognize signs and symptoms of a mental health concern
- Gain valuable insight on the struggles faced by at-risk youth
- Build relationships with mental health professionals and organizations in the community
- Keep youth with mental illness out of the criminal justice system and help them receive the treatment they need

8 Continuing Education Credits will be provided and have been approved by STC (Standards and Training for Corrections). This training can be found on the STC Catalog of Courses, Certification # 06257904

## WHO IS THIS TRAINING FOR?

- Anyone working with youth ages 12-25 including:
  - School Services Officers
  - Youth-Focused Professionals
  - Juvenile Services
  - All First Responders
- Crisis Intervention Trained professionals looking to expand their knowledge surrounding mental health

## CONTACT US

[www.westernyouthservices.org/CIT](http://www.westernyouthservices.org/CIT)

[cit@westernyouthservices.org](mailto:cit@westernyouthservices.org)

WYS: 949.900.5381

[info@namioc.org](mailto:info@namioc.org)

NAMI: 714.544.8488