# COUNTY OF ORANGE HEALTH CARE AGENCY BEHAVIORAL HEALTH ADVISORY BOARD

Alan Albright OC BHAB CHAIR

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### **Older Adults Behavioral Health Council**

17 July 2024 / 2:00 - 3:30 p.m.

HCA Training Facility
750 The City Drive South, Ste #130 / Laguna Room
Orange, CA 92868
OR

Join Zoom Meeting:

https://psjhealth.zoom.us/j/7204188516

Meeting ID: 720 418 8516 Dial by your location / +1 669 900 6833

#### **MEETING AGENDA**

Great works are performed not by strength, but by perseverance. ~ Samuel Johnson

- 1. Welcome, Reflection and Introductions: Karyl Dupée, Chair
- 2. Public Comment:

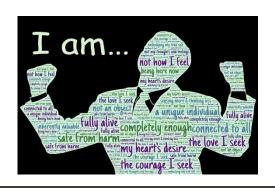
\*At this time members of the public may address the Chair regarding any item within the subject matter of this board's authority provided that no action is taken on off-agenda items unless authorized by law. Comments shall be limited to three to five (3-5) minutes per person.

#### 3. New Business:

- A. 1) Considering that as a result of Prop. 1 passing, it is likely that a number of Older Adult outreach and prevention services will be cut. Our task, should we decide to accept it, is to come up with suggestions, ideas and recommendations as to how we might look ahead and come up with workarounds or alternatives to these valuable services.
- B. 2) Consider developing a "Conditions of Older Adults in Orange County" report similar to the formal document to the OC Board of Supervisors, OC Social Services Agency, and the OC Health Care Agency, "The Conditions of Children in Orange County". (Linda Smith and Jocelyn Rubio see websites (<a href="https://ssa.ocgov.com/about-us/news-publications/COCR">https://ssa.ocgov.com/about-us/news-publications/COCR</a> and <a href="https://www.ocagingservicescollaborative.org/wp-content/uploads/2024/06/Report-on-Aging-in-Orange-County-2024">https://www.ocagingservicescollaborative.org/wp-content/uploads/2024/06/Report-on-Aging-in-Orange-County-2024</a>) for additional info).

Adjourn / Next Meeting: Wednesday, 18 September 2024 / 2:00-3:30 p.m. / zoom and In-Person \*You may request supporting documentation distributed to the Behavioral Health Advisory Board as related to the agenda items upon request from Karla Perez, <a href="kperez@ochca.com">kperez@ochca.com</a> \*In compliance with the Americans with Disabilities Act, those requiring accommodations for this meeting should notify the Behavioral Health Advisory Board's Administrative Office 72 hours prior to the meeting at (714) 834-5481

"..... that's why the world is round ~ so you <u>can't</u> see where you're going." ~Pauline Abbott, PhD ~ Prof. Emeritus of Gerontology, Cal State Fullerton



## ~ Note to Self ~

"What is my purpose in life?" I asked the void.

"What if I told you that you fulfilled it when you took an extra hour to talk to that kid about his life?" said the voice.

"Or when you paid for that young couple in the restaurant? Or when you saved that dog in traffic? Or when you tied your father's shoes for him?"

"Your problem is that you equate your purpose with goal-based achievement. The Universe isn't interested in your achievements... just your heart. When you choose to act out of kindness, compassion and love, you are already aligned with your true purpose.

No need to look any further!"