



**Substance Use Disorders
Continuum of Care
Behavioral Health Services**

BHS SUD Team- May 22, 2024

Substance Use Disorders Continuum of Care

- Drug Medi-Cal Organized Delivery System (DMC ODS)
- Navigation
- American Society of Addiction Medicine (ASAM)
- Outpatient Treatment
- Medication Assisted Treatment (MAT) /Narcotic Treatment Programs (NTP)
- Withdrawal Management
- Residential Treatment
- Perinatal Services
- Recovery Services and Supports
- Evidenced-Based Practices
- Alcohol and Drug Prevention Team



Drug Medi-Cal Organized Delivery System (DMC ODS)

- Continuum of care modeled after the American Society of Addiction Medicine (ASAM) Criteria for substance use disorder treatment services
- Provides greater administrative oversight, creates utilization controls to improve care and efficient use of resources, implements evidence-based practices in Substance Use Disorders (SUD) treatment, and coordinates with other systems of care
- Orange County opted into DMC-ODS in July of 2018

Navigation

How a client can access SUD services:

- Beneficiary Access Line (BAL) available 24/7, 365 days at 800-723-8641
- OC Links available 24/7, 365 days at 855-625-4657
- Walk-ins at any County-operated Mental Health and SUD outpatient clinics, including Open Access locations
- Clients can contact contract providers directly to schedule an intake an appointment



American Society of Addiction Medicine (ASAM)

- ASAM is the most widely used and comprehensive set of guidelines for placement, continued stay, and transfer/discharge of clients with SUD and/or co-occurring conditions
- Brief ASAM is a screening tool that quickly assesses the severity of substance use and identifies the appropriate level of treatment
- Full ASAM is an assessment tool that uses six dimensions to create a holistic, biopsychosocial assessment of an individual to be used for service planning and treatment in SUD program

American Society of Addiction Medicine (ASAM)

Consists of 6 dimensions that explore the following:

- Past & current experiences of their substance use and withdrawal
- Health history and current physical condition
- Individual's thoughts, emotions, and mental health issues
- Readiness and interest in changing
- Relapse or continued use and challenges in this area
- Recovery or living situation, support system, and other environmental factors

Outpatient Treatment

- Outpatient Drug Free (ODF)
 - Consists of up to nine hours a week for adults and less than six hours a week for adolescents when determined to be medically necessary
- Intensive Outpatient Treatment (IOT)
 - Consists of a minimum of nine hours, with a maximum of 19 hours a week for adults and a minimum of six hours, and with a maximum of 19 hours a week for adolescents when determined to be medically necessary
- Recovery Services (RS)
 - Designed to support recovery and prevent relapse with the objective of restoring their overall functioning and is integrated into the services mentioned above

Outpatient Treatment

Clinics Serving Youth

- Three County-contracted providers at six Locations
 - Fullerton
 - Laguna Hills
 - Los Alamitos
 - Newport Beach
 - Orange
 - Santa Ana



Outpatient Treatment

Clinics Serving Adults

Three County-operated clinics

Locations:

- Aliso Viejo
- Anaheim
- Santa Ana

Seven County-contracted providers

Locations:

- Aliso Viejo
- Anaheim
- Fullerton
- Laguna Hills
- Los Alamitos
- Huntington Beach
- Newport Beach
- Orange
- Rancho Santa Margarita
- Santa Ana



Outpatient Outcomes

Performance Objectives Goals and Outcomes:

- Goal of 50% Retention rate – percent of participants who discharge with 30+ days in treatment
- Goal of 50% Completion rate – percent of participants who discharge with satisfactory progress

	Goal for Providers	FY 2022-2023 (July 2022-June 2023)	FY 2023-2024 (July 2023-Dec 2023)
Retention Rates	<50%	56%	70%
Completion Rates	<50%	35%	53%

Medication Assisted Treatment/Narcotic Treatment Programs

Medication Assisted Treatment (MAT) is the use of prescription medications, in combination with counseling and behavioral therapies. MAT services can occur in conjunction with any of the ASAM levels of care that are covered under the plan.

Daily treatment of medically supervised prescriptions and dosing of medications, including:

- Methadone (available at NTPs)
- Buprenorphine (Subutex and Sublocade)
- Buprenorphine-naloxone (Suboxone)
- Naltrexone
- Vivitrol
- Disulfiram (Antabuse)
- Naloxone

Narcotic Treatment Programs

Narcotic Treatment Program (NTP)/Opioid Treatment Program (OTP)

Services are available to adolescents, ages 12 year and older and adults, seven (7) days a week and are provided by licensed NTP facilities

Services Include:

- Assessment and Evaluation
- MAT
- Individual and Group Counseling
- Care Coordination
- Substance Use Educational Groups
- Discharge planning
- Coordination of dosing needs to client in residential and withdrawal management programs

Two Providers with Five Locations:

- Costa Mesa – 250 capacity for adolescents and adults
- Fullerton – 500 capacity for adolescents and adults
- Mission Viejo – 350 capacity for adolescents and adults
- Santa Ana – 755 capacity for adults
- Stanton – 500 capacity for adolescents and adults

*These programs provide methadone

Narcotic Treatment Program Outcomes

Performance Objective Goals and Outcomes:

- Goal of 80% Compliance rate – percent of participants who test negative for illicit drugs after an enrollment of 90 days
- Goal of 70% Client Productivity rate – percent of participants who self-report being able to lead a productive lifestyle
- Performance outcomes are collected after clients have been in treatment for 90 days

	Goal for Providers	FY 2021-2022 (July-June)	FY 2022-2023 (July-June)
Compliance with MAT	> 80%	96%	96%
Client Productivity (i.e., employment, volunteer work, school enrollment, etc.)	> 70%	89%	95%

Authorization for Residential Treatment (ART)

- Referrals for residential treatment for adults go through our Authorization for Residential Treatment (ART) Team. The ART Team provides a brief level of care assessment and authorizes and places adults in residential treatment.
- To schedule an ART appointment, individuals may contact the Beneficiary Access Line (BAL) at 800-723-8641 or can contact the Westminster ART Team directly at 714-934-4600.
- For referrals for adolescent residential treatment, contact the residential program directly.

Withdrawal Management

Withdrawal management programs serve individuals 12 years and older who experience moderate withdrawal symptoms and need 24-hour support to safely withdraw from substances. Average stay is 4 to 5 days.

Services include:

- Observation
- Medication services
- Discharge
- Linkage to continuing care

Seven Providers with Seven Locations:

- Fullerton
- Garden Grove
- Be Well Orange Campus (service coming soon)
- Santa Ana
- Stanton
- Trabuco Canyon (six beds available for adolescent females)

Currently a total of 52 available adult beds (64 when available at BeWell Orange Campus).

Withdrawal Management Outcomes

Performance Outcomes:

- 70% of program participants will make satisfactory progress upon program completion/exit
- 30% of those who exit program will link to another treatment service within 30 days

	Program Goals	FY 2022-23	FY 2023-24 through February 2024
Completion Rates	>70%	60%	69%
Linkage Rates	>30%	54%	69%

- Health Care Agency established outcomes to support our performance outcomes in response to our Performance Improvement Project with the State.

Residential Treatment

Nine Providers at Ten Locations Serving Adults:

- Anaheim
- Fullerton
- Garden Grove (coming soon)
- BeWell Orange Campus (partially open)
- Santa Ana
- Trabuco Canyon-Perinatal
- Colton & Upland (out of county)

Currently a total of 187 available adult beds (217 when BeWell Orange Campus is fully open).

One Provider serving adolescent females (age 12-17):

- Trabuco Canyon
 - Capacity 6 beds

Residential Treatment

Residential Treatment is a 24-hour, non-medical, short-term residential program that provides rehabilitation services when determined as medically necessary. Residential services require prior authorization by the County Plan.

Services Include:

- Intake
- Treatment Planning
- Individual and Group Counseling
- Educational Sessions
- Relapse Prevention
- Case Management
- Structured Activities



Residential Treatment

Performance Outcomes:

- 70 % of program participants will make satisfactory progress upon program completion/exit
- 30% of those who exit program will link to another treatment service within 7 days

	Goals for Providers	FY 2022-23	FY 2023-24 Through February 2024
Completion Rates	>70%	64%	67%
Linkage Rates	>30%	60%	55%

Perinatal Services

Perinatal Services are provided to clients who are pregnant or up to 12 months postpartum. The providers offering perinatal services provide additional parenting education, referrals, transportation, childcare, and other services, as specified by the DHCS Perinatal Practice Guidelines. If Client no longer meets this Perinatal definition, the Client would be eligible for non-Perinatal services as long as they meet medical necessity for the designated level of care.

- Available at three outpatient clinics: Aliso Viejo, Anaheim, and Santa Ana
- One Residential treatment program-Trabuco Canyon
- One Recovery Residence



Recovery Services and Supports

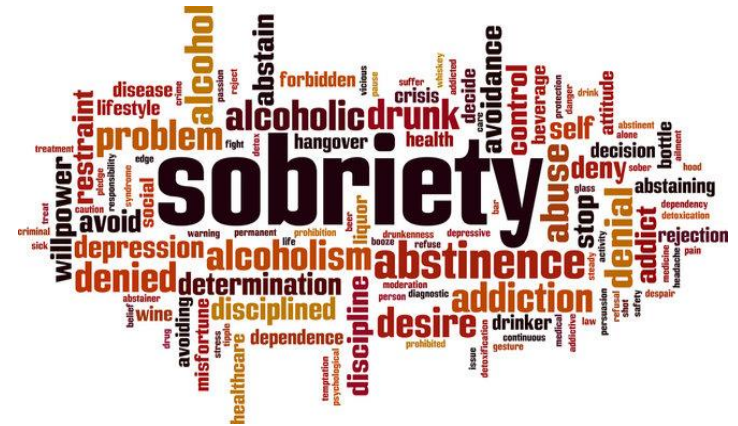
Recovery Services are important for their ongoing recovery and wellness.

Recovery Residence housing is offered to adults 18 years and older that need a sober living environment. All residents must be enrolled and actively participating in a recovery service to maintain their sobriety. Housing is available up to 4 months.

Recovery Residence homes are offered in the following cities:

- Fullerton
- Anaheim
- Santa Ana
- Fountain Valley
- Lake Forest

Total capacity is 216 (156 men, 73 women, and 14 children).



Evidence Based Practices

- Motivational Interviewing
- Cognitive-Behavioral Therapy
- Relapse Prevention
- Trauma-Informed Treatment
- Psycho-Education
- Seeking Safety
- Contingency Management/ Recovery Incentives

Alcohol and Drug Education and Prevention Team (ADEPT)

Youth Prevention Services

- Friday Night Live

Impaired Driving Prevention

- Safe Ride Sharing

Safe Disposal of Medications

- Secure Monitor and Destroy

Public Awareness Campaigns

- Fentanyl is Forever

Community Education

- Red Ribbon Week



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Questions