

# Behavioral Health Services August 2024 Highlights/Events

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## Community Events

### August 2024 Upcoming Events

- Aug 1 - La Palma Civic Expo & National Night Out - D1
- Aug 2 - Santa Ana Councilmember Jessie Lopez's Back-to-School Event - D2
- Aug 2 - CalOptima's Back to School Event - D2
- Aug 4 - National Health Center Week - Health Resource Fair - D1
- Aug 4 - Angel's Baseball Family Sundays: Tabling Event - D2
- Aug 5 - LHA The Love of Your Life is You. Take Care of Yourself! Workshop - D2
- Aug 6 - Mission Viejo Police Services' National Night Out - D3
- Aug 6 - Seal Beach Police National Night Out - D1
- Aug 6 - Newport Beach National Night Out - D5
- Aug 6 - Fountain Valley National Night Out - D1
- Aug 6 - Cypress National Night Out Block Party - D1
- Aug 7 - U.S. VETS Art of Valor - Art Therapy Workshop #11 - D3
- Aug 8 - The Hope Card Project - D2
- Aug 8 - Supervisor Sarmiento & Anaheim Mayor Ashleigh Aiteken's Back-to-School Event - D2
- Aug 8 - Huntington Beach National Night Out - D
- Aug 9 - U.S. VETS 2nd Annual Women Warrior Make-Over & Mingle - D3
- Aug 9 - Women Warrior Makeover & Mingle - D2
- Aug 9 - Soulful Skills: Drawing - D2
- Aug 10 - Rossmoor Family Festival -
- Aug 11 - LHA Children and Technology - D2
- Aug 14 - Homeless Service Providers Networking Fair
- Aug 14 - The Hope Card Project with OC Links - D
- Aug 14 - U.S. Vets Art of Valor - Art Therapy Workshop #12 - D3
- Aug 14 - Santa Ana College Family Night - D2
- Aug 16 - Angel's Baseball Promotional Activation: Tabling Event
- Aug 16 - City of Anaheim Family Resource Center (FRC) Neighborhood Event -
- Aug 17 - Hope Card Project with Boys and Girls Club of Central Orange Coast - D5
- Aug 18 - Mindful Expressions: Teen Theatre Showcase - D1
- Aug 18 - Angel's Baseball Family Sundays: Tabling Event
- Aug 21 - Los Amigos High School's Community Resource Fair
- Aug 21 - U.S. Vets Art of Valor - Art Therapy Workshop # 13 - D3
- Aug 22 - Opioid Overdose Response - Narcan Admin Training - Part 2 - D2
- Aug 22 - OC Department of Education School Based Mental Health Summit - D5
- Aug 22 - Senior Center MH Series-Oasis - D5
- Aug 24 - Orange County Educational Arts Academy (OCEAA)'s Health & Resource Fair - D2
- Aug 24 - OC Recovery Rally - D2
- Aug 27 - Ascent Housing - Fentanyl/Naloxone Workshop - D4
- Aug 28 - Breastfeeding Health & Resource Fair - D2
- Aug 29 - Senior Center MH Series-Oasis - D5
- Aug 29 - OCAPICA Community Wellness Fair - D2
- Aug 29 - HIV Men's Thursday Night Support Group - D5
- Aug 31 - LHA Companion Carnival Celebration - D2

## September 2024 Upcoming Events

- Sep 3 - HCA Staff Fentanyl Education and Naloxone Training
- Sep 4 - U.S. Vets Art of Valor - Art Therapy Workshop #14 - D3
- Sep 4 - Angel's Baseball Promotional Activation: Tabling Event
- Sep 5 - Recharging Mind and Body handout with Body Scrub Essential Oil
- Sep 5 - Oak View Family Resource Center's Event
- Sep 6 - Healing to Action - D1
- Sep 6 - Parent and Community Outreach Resource Fair
- Sep 7 - 27th Annual Tustin Police Department Open House
- Sep 7 - Wings of Hope - Mental Health & Resource Fair
- Sep 7 - Start Well Infant & Early Childhood Mental Health Gathering Conference
- Sep 7 - D4 Fall 2024 Fishing Derby - D4
- Sep 9 - Happy life, Health Aging-Stress Management and Self-Care - D1
- Sep 9 - Chinese Mental Health Support Group-book club - D5
- Sep 10 - Recharging Mind and Body handout with Body Scrub Essential Oil - D1
- Sep 10 - Light Up Hope OC: Lanterns of Hope - D2
- Sep 10 - Suicide Prevention (When we think about giving up) - D1
- Sep 11 - Chinese Mental Health Support Group-Connecting Thru Craft - D5
- Sep 11 - Cypress College - Naloxone Training and Distribution - D1
- Sep 11 - U.S. Vets Art of Valor - Art Therapy Workshop #15 - D3
- Sep 12 - Overcoming Mental Health Stigma in the Asian Community & Embracing Help and support - D1
- Sep 13 - Chinese Mental Health Support Group - Connecting Thru Music - D2
- Sep 13 - "Soulful Skills: Yoga - D2
- Sep 13 - Angel's Baseball Promotional Activation: Tabling Event
- Sep 14 - Angel's Baseball Promotional Activation: Tabling Event
- Sep 14 - AFSP-Orange County Out of the Darkness Walk to Prevent Suicide - D3
- Sep 14 - 2nd Annual Recovery Happens Picnic - D2
- Sep 18 - Addressing the Opioid Crisis
- Sep 21 - Angels' Nike RBI Opening Day
- Sep 21 - Vice Chairman Doug Chaffee's Community Bike Ride to Raise Prostate Cancer Awareness Event - D4
- Sep 24 - Irvine Valley College Walk of Hope - D3
- Sep 25 - Thrive Together Wellness Resource Fair - D2
- Sep 25 - Hope Card Project with Wellness Center South - D5
- Sep 28 - Anaheim Health Fair - D2
- Sep 29 - OMID Public Mental Health & Wellness Seminar - D3

## Facilities Updates

Progress Photos for buildout for BHS Navigation  
Address: 23046 Avenida de la Carlota, Laguna Hills, CA 92653



## Program Highlights

### Adult & Older Adult Services (AOA):

- In August, the TAO Central Full Service Partnership (FSP) program held numerous client community outings including going to the Annual OC Fair and added 3 new groups including a boxing group, gardening group and crochet group. The TAO North FSP's new evening cooking group was well attended and provided clients opportunities to gain life skills in cooking and budgeting.
- Behavioral Health Bridge Housing - Grandma's House of Hope, the second Bridge housing in Anaheim opened on 7/29/24 with 8 male beds.

### BHS Navigation (Previously OC Outreach & Engagement)

- As of August 5<sup>th</sup>, OC Outreach & Engagement (OC O&E) program's South Service Planning Areas (SPA) team moved to a temporary location at 2200 W. Orangewood Ave in the city of Orange, while the new suite in Laguna Hills is being built out.
- The OC O&E team presented and participated in a homeless services event hosted by the City of Lake Forest on August 14<sup>th</sup>. Our team shared the services we provide and a few of our success stories with the audience. We also tabled the event for questions and discussions after the presentation.
- At the last BHS leadership meeting, Jail to Community Reentry Program (JCRP) shared that BHS County Clinics can contact JCRP to assist with the coordination of care and identify if a client is currently incarcerated. As a result of this meeting, JCRP received multiple emails and phone calls regarding mutual clients. The increase in coordination allows clients to return to the clinic they are open to, ensuring their continuation of mental health treatment.

### Children & Youth Services (CYS):

- As of July 1, 2024, South Coast Children's Society (SCCS) Short-Term Residential Therapeutic Program (STRTP) closed one of their two homes in Orange County. SCCS STRTP mental health staff provided aftercare during the month of July to facilitate transition for the youth into their new placements, including ensuring linkage to appropriate levels of community based mental health services, and closed out all services as of the end of July.
- Per AB1051, effective July 1, 2024, Medi-Cal for foster youth who are placed in out-of-county Short-Term Residential Therapeutic Programs (STRTP), Group Homes (GH), Community Treatment Facility (CTF), or Children's Crisis Residential Program (CCRP) will no longer be Presumptively Transferred to the County of Residence. The County of Original Jurisdiction will retain responsibility for provision of and payment for Specialty Mental Health Services (SMHS) for these youth. HCA is working with out-of-county STRTP providers and other County Mental Health Plans to develop agreements for timely provision and payment of SMHS.
- Project FOCUS, started their annual "Back to School Drive", providing program participants and their families with school supplies and garnering much interest and participation.
- STAY Process' Pride Event was a resounding success with over 40 program participants in attendance and featuring speakers, food, games, resources and safe

spaces for transitional age youth to speak to therapists if they had issues they wanted to process during the event.

- Waymakers Guidance Center hosted a series of summer workshops with a focus on independent living skills, including Life Management Skills, Banking Basics and Office Skills. Participants earned incentives for attending each workshop and reported feeling better prepared to carry out these important life skills.

### **Crisis & Acute Care (CAC)**

- Crisis & Acute Care has been working with HCA Communications team and Pulsar in plans to launch a campaign to educate Orange County residents on using the OC Links 24/7 Behavioral Health Crisis Line instead of 9-1-1 for mental health emergencies, promoting their Mobile Crisis Response Team (CAT) and increasing awareness of available specialized care. Filming took place August 22<sup>nd</sup> and August 23, 2024, with the campaign launch date scheduled to begin in mid-October.
- On Friday August 9, 2024, The CAT leadership team presented on Mobile Crisis Response to Irvine Police Department to their Crisis Negotiation unit.
- On August 22, 2024, CAT leadership will be attending the OCDE 2024 School Based Mental Health Summit as part of the tabling resource to share about Crisis & Acute Care-Mobile Crisis Response.

### **Forensics:**

- CONREP: New housing at Seaside Terrace Assisted Living in Fountain Valley is going well for a client that is a registered sex offender, for whom housing is extremely difficult to come by. This client is flourishing at the new facility, and the hope is to be able to utilize more beds soon.
- Mental Health Diversion is working on developing a standardized progress reporting tool with the goal of mirroring AI and streamlining our progress reporting.
- CARE: Since implementation in October, CARE has had 70 petitions. There are currently 30 active clients receiving treatment and 4 Care Agreements.

### **MHSA Program Planning and Administration**

- Tourette Association of America (TAA): In July TAA saw an uptake in peer mentors commitments to participate and facilitate the new Support Group Series. TAA's first trained Peer Mentor will be facilitating their first LGBTQIA+ series that will outreach to this often isolated and high-risk community.
- Relias Library of trainings Phase 1 started in mid-August. Focused marketing for peers, Behavioral Health professionals (non-clinical), substance use/addiction professionals and those that work with children and youth will be emailed to staff.
- New student interns will be welcomed on August 28<sup>th</sup> during our mandatory orientation for all new interns. This will provide interns an overview of BHS and all the support available to them. This will kick-off their training series. We will have 7 CSUF post-baccalaureate "Fellows" for a year long internship program in BHS on top of the many clinical interns joining us this year.
- In conjunction with the Office of Wellness and Suicide Prevention, the Workplace Wellness Advocates (WWA) program is doing a Team Activity to promote workplace wellness. Teams will video record different staff talking about how they do self-care or

promote wellness in the workplace. All of the videos will be submitted by Sept. 13<sup>th</sup> and compiled for sharing across BHS.

- The Psychiatric Advance Directives (PADS) Phase II and Innovative Community Program Planning Innovation Projects were approved by the MHSOAC.

### **Substance Use Disorder (SUD):**

- Health Care Agency has expanded its number of recovery residence beds. Capacity has increased from 216 beds to 246 beds. This includes Perinatal beds increasing to 61 beds and 29 beds for children.
- Harbor DUI Court graduation held on 8/27/2024 with over 10 graduates celebrating sobriety and completion of the Adult Treatment Court program.
- Both Aliso Viejo and Anaheim SUD county-operated clinics have rolled out Recovery Incentives.
- Wel-Mor Psychology Inc. Laguna Hills location for Adult and Adolescent Drug Medical Outpatient Treatment program will be closing as of 8/31/2024 and have transitioned their existing clients to other SUD providers for continuity of care.

### **Community Education Presentations**

- SUD will be addressing the opioid crisis and providing Naloxone training and distribution at the upcoming events:
  - Judicial Training Programs, Superior Court, Santa Ana - 8/22/2024
  - OCHCA, Santa Ana - 9/03/2024
  - SSA, Orange - 9/18/2024
  - Drug Court (North) - 9/20/2024
  - SSA, Santa Ana - 10/03/2024

### **HIGHLIGHTS of the Month**

- AOA: An OC4VETS participant who had been incarcerated for 12 years was released about 2 months ago and began working with Mental Health Association OC4Vets and Peer Navigators. Participant had intense anger issues and was unhoused and unemployed. In 2 short months, his clinician got him referred to the Veteran Service Organization (VSO) to work on benefits and he started getting his monthly disability payments this month. Additionally, he has been approved for a U.S. Department of Housing and Urban Development-VA Supportive Housing (HUD-VASH) voucher and is on the list for permanent housing. Through the work he is doing with his clinician, his angry outbursts have decreased significantly as evidenced when meeting with him and on his OQ scores. He is now working on getting training for a job.
- BHS Navigation: OC O&Es Central SPA team has been working diligently to help an unhoused male in need of shelter and medical case management. The participant frequently visits the County Community Service Center in Westminster, where he feels most comfortable in verbalizing his thoughts and feelings. OC O&E staff went above and beyond in finding the participant and getting him into a shelter after unsuccessful attempts in the past. Currently, OC O&E continues to provide support to aid in his recovery.

- CAC: The Mobile Crisis Response Team- (Crisis Assessment Team) received a well-deserved recognition by Assembly Woman Laurie Davis with the 74th Assembly District on August 9th, 2024, at Laguna Hills City Hall! Crisis responders across the county, city and state levels were also celebrated and honored by leadership, including HCA Agency Director Veronica Kelley and Board of Supervisor Katrina Foley. This event included an Assembly Resolution for our “First responders” department honoring the great work done to keep our community, cities and first responders safe.
- Forensics & Justice Involved: CARE received an email from a daughter who petitioned for her mother after years of mom not accepting treatment. She expressed gratitude for the CARE team providing not only hope, but support in managing the long journey of coping with mental illness.
- MHSA: Thrive Together OC Impact Story: During a routine case management follow-up, the program’s Resource Specialist was confirming the participant’s linkage to mental health resources. During the call, the participant’s mother mentioned feeling overwhelmed by newly emerging mental health concerns for her older child, which had prevented her from following up on the referral provided for the CHR-P (Clinical High-Risk for Psychosis) youth. The Resource Specialist offered to provide a screening for the participant’s older sibling. Since the sibling was of age, the mother agreed to share the information with her daughter. Soon after, the program received a call from the daughter requesting a screening. Following the initial screening process, a Mental Health Clinician confirmed that the individual would benefit from mental health services for anxiety and helped the young person connect to appropriate services. Thanks to the Resource Specialist’s timely case management check-in, this family was able to access additional resources that addressed barriers to care.
- SUD: A contracted Adult Drug Medi-cal Outpatient Treatment program reported that one of their clients who had been unhoused for decades due to substance use for almost fifty years now has over seven months in recovery and was recently hired for employment as a driver with Caltrans.