



# Behavioral Health Services September 2024 Highlights/Events

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## Community Events

### September 2024 Events

- Sep 3 - HCA Staff Fentanyl Education and Naloxone Training
- Sep 3 - Senior Center MH Series - D1
- Sep 3 - Circulo Latino 2024 - D5
- Sep 4 - U.S. Vets Art of Valor - Art Therapy Workshop #14 - D3
- Sep 4 - Angel's Baseball Promotional Activation: Tabling Event
- Sep 5 - Recharging Mind and Body handout with Body Scrub Essential Oil
- Sep 5 - Senior Center MH Series-Oasis - D5
- Sep 5 - Oak View Family Resource Center's Event
- Sep 5 - Queer Support Group
- Sep 5 - Back to School Night at Juliette Low School of the Arts - D4
- Sep 5 - HIV Men's Thursday Night Support Group
- Sep 6 - Healing to Action - D1
- Sep 6 - Rainbow Group - D5
- Sep 6 - Parent and Community Outreach Resource Fair
- Sep 7 - 27th Annual Tustin Police Department Open House
- Sep 7 - Wings of Hope - Mental Health & Resource Fair
- Sep 7 - Start Well Infant & Early Childhood Mental Health Gathering Conference
- Sep 7 - D4 Fall 2024 Fishing Derby - D4
- Sep 9 - Happy life, Health Aging-Stress Management and Self-Care - D1
- Sep 9 - Zumba - D1
- Sep 9 - Chinese Mental Health Support Group-book club - D5
- Sep 10 - Senior Center MH Series-HB - D 1
- Sep 10 - Recharging Mind and Body handout with Body Scrub Essential Oil - D1
- Sep 10 - Light Up Hope OC: Lanterns of Hope - D2
- Sep 10 - Light Up Hope: Lanterns Jar - D1
- Sep 10 - Suicide Prevention (When we think about giving up) - D1
- Sep 11 - Chinese Mental Health Support Group-Connecting Thru Craft - D5
- Sep 11 - Digital Connections: Staying in Touch with Family and Friends - D5
- Sep 11 - Cypress College - Naloxone Training and Distribution - D1
- Sep 12 - OCEA Health Fair - D2
- Sep 12 - Overcoming Mental Health Stigma in the Asian Community & Embracing Help and support - D1
- Sep 12 - Suicide Prevention Tabling at Sonora High School - D4
- Sep 13 - West Coast University: Dental Hygiene Department Naloxone Training - D2
- Sep 13 - Chinese Mental Health Support Group - Connecting Thru Music - D2
- Sep 13 - Veterans Stand Down & Resource Event - D3
- Sep 13 - Yoga - D1
- Sep 13 - Soulful Skills: Yoga - D2
- Sep 13 - Mid-Autumn Festival - D3
- Sep 13 - Angel's Baseball Promotional Activation: Tabling Event
- Sep 14 - Angel's Baseball Promotional Activation: Tabling Event
- Sep 14 - AFSP-Orange County Out of the Darkness Walk to Prevent Suicide - D3
- Sep 14 - 2nd Annual Recovery Happens Picnic - D2
- Sep 15 - Well-Being Event - D3
- Sep 17 - Mid-Autumn Festival Celebration & Community Resource Fair - D5

Sep 17 - Hope Card Project with CalOptima - D2  
Sep 17 - Muller Construction- Naloxone Training and Distribution  
Sep 17 - Mental Health Stigma in Asian Community Coping Skills, Mindfulness and Compassion - D2  
Sep 18 - Narcan Training - Library Staff - D2  
Sep 18 - Addressing the Opioid Crisis  
Sep 18 - Navigating the Digital World: Tips and Tricks - D5  
Sep 18 - School Stress Management - D4  
Sep 18 - Hope Through Connection - D2  
Sep 18 - Wellness Wednesdays, Presented by Second Baptist Church and OCAPICA - D2  
Sep 19 - Narcan Training - Library Staff - D2  
Sep 19 - Yoga & Zumba Community Event @ Southland Integrated Services - D2  
Sep 19 - North Clinic- Naloxone Training and Distribution - D2  
Sep 19 - Suicide Prevention Tabling at La Habra High School - D3  
Sep 20 - YOGA - D1  
Sep 20 - Suicide Prevention Month at OC School of the Arts - D2  
Sep 20 - Health Fair - D1  
Sep 20 - Breaking Binaries - D5  
Sep 20 - Did You Know? Health Education Event - D3  
Sep 20 - Chinese Story Time for Kids  
Sep 21 - Angels' Nike RBI Opening Day  
Sep 21 - Vice Chairman Doug Chaffee's Community Bike Ride to Raise Prostate Cancer Awareness Event - D4  
Sep 21 - Art of Valor Workshop - D3  
Sep 21 - Richard Nixon Art Show - D3  
Sep 22 - Made for All - D4  
Sep 23 - Zumba - D1  
Sep 23 - Suicide Prevention Tabling at La Vista/La Sierra High School - D4  
Sep 24 - Irvine Valley College Walk of Hope - D3  
Sep 25 - Narcan Training for GGUSD School Nurses - D1  
Sep 25 - Thrive Together Wellness Resource Fair - D2  
Sep 25 - Hope Card Project with Wellness Center South - D5  
Sep 26 - PCHUM Ben: Ancestor's Day - D2  
Sep 26 - Hope Card Project with CalOptima PACE - D2  
Sep 26 - OC Public Safety & Re-Entry Conference - Juvenile Justice & Intervention Conference  
Sep 26 - Park it Market - D4  
Sep 26 - Senior Center MH Series-Oasis - D5  
Sep 26 - Queer Support Group  
Sep 26 - Fireside Community- Naloxone distribution - D5  
Sep 28 - Anaheim Unified HS District- Fentanyl/Naloxone - D2  
Sep 28 - Anaheim Health Fair - D2  
Sep 29 - OMID Public Mental Health & Wellness Seminar - D3

## October 2024 Upcoming Events

- Oct 2 - Fentanyl Laguna Beach - Town Hall - D5
- Oct 2 - Mindfulness in Daily Lives - D3
- Oct 2 - CalOptima Health's & Orange Coast College Health & Wellness Event - D5
- Oct 2 - Cypress Health Center Staff - Naloxone Training - D1
- Oct 3 - Explore Beautiful Irvine By Bus - D3
- Oct 3 - South Clinic- Naloxone Training and Distribution - D5
- Oct 3 - Park-It-Market - D4
- Oct 3 - Addressing the Opioid Crisis
- Oct 4 - OC Supervisor Katrina Foley's Senior Summit - D5
- Oct 5 - OC PRIDE Event - D5
- Oct 5 - Oral Cancer Walk - D1
- Oct 5 - Assemblywoman Sharon Quirk-Silva's Fall Community Resource Fair
- Oct 7 - FACES- Fentanyl and Naloxone Training - D2
- Oct 7 - Hoag- Parenting in Today's Society (Spanish) - D1
- Oct 7 - Parent SUD Education night - D5
- Oct 9 - Library staff: Naloxone/Fentanyl - D2
- Oct 9 - Connecting thru Music - D4
- Oct 9 - Clinton Corner Family Campus Yearly Community Resources and Health Fair
- Oct 9 - Fentanyl Anaheim Hills Town Hall - D2
- Oct 10 - DHH Career Fair - D5
- Oct 10 - Fullerton School District Community Fair - D4
- Oct 10 - Metro East Clinic- Naloxone Training and Distribution - D2
- Oct 11 - Soulful Skills: Jewelry Making - D2
- Oct 12 - Stich, SIP, and Sew Holiday Stockings - D2
- Oct 14 - Book Club - D3
- Oct 15 - Cypress College - Naloxone Training and Distribution - D1
- Oct 15 - OC Prevention Network - All Districts
- Oct 16 - Deaf/HH Opioid Forum - D1
- Oct 16 - East Clinic- Naloxone Training and Distribution - D2
- Oct 16 - Wellness Wednesday - D2
- Oct 16 - Connecting thru Craft - D3
- Oct 17 - West Clinic- Naloxone Training and Distribution - D1
- Oct 18 - Trivia Night Mixer - D2
- Oct 18 - Art of Valor Our Story Art Show
- Oct 19 - CalOptima Health's Health & Wellness Event for Active Older Adults
- Oct 19 - Community Health Fair:2024 Medi-Cal Expansion
- Oct 19 - Octsoberfest 2024
- Oct 21 - Red Ribbon Activity - D1
- Oct 22 - Los Alamitos High School - Fentanyl and Naloxone Training - D1
- Oct 23 - Narcan Distribution - Los Alamitos Unified - D1
- Oct 23 - Community First Conference
- Oct 24 - Red Ribbon Hopkinson - D1
- Oct 29 - STEAM District Event CAPO Vally USD - D3

## Program Highlights

### Adult & Older Adult Services (AOA):

- In September, TAO South Full Service Partnership (FSP) partnered with a local housing vendor to have a house for their clients. The house can accommodate 24 clients (12 male and 12 female). Individual and group services will be provided at the house with topics such as healthy cooking, cooking on a budget, hygiene management, being a good neighbor, and conflict resolution.
- Mental Health Service Act Housing is currently working on 27 new housing developments and there are 25 developments slated for the future.
- Crossroads at Washington's Grand Opening in on 9/26/24. This housing project has 86 housing units, with 20 of the units are funded through Mental Health Services Act and will also have an Orange County Housing Authority Project Based Voucher.
- The Center of Hope housing project began a tenant council group made up of residents on 9/12/24.
- Fullerton PACT held an onsite Client Appreciation event for their program clients. It was well attended with 24 clients and 24 family members and friends participating in event.

### BHS Navigation (Previously OC Outreach & Engagement)

- Jail to Community Reentry Program (JCRP) and OC Outreach & Engagement (O&E) collaborated with the Forensics Division to understand the Care Court process and the role of a petitioner. Both programs received follow-up training regarding the requirements of CARE petitions. The programs have begun meeting and identifying potential clients to complete a CARE Court petition.
- JCRP received notification, an LPS Conservatee was accepted at Patton State Hospital. JCRP identified the client as housed at Theo Lacy and was able to coordinate with Orange County Sheriff's Department (OCSD) for the client's release to Patton by coordinating the process within the jail to ensure the client could be transferred directly from Theo Lacy to Patton. JCRP was able to successfully get OCSD, Correctional Health Services, and LPS MH to agree to have the client be a direct transport from Theo Lacy to Patton State Hospital.
- The South Outreach & Engagement team supported the evacuation efforts during the recent Airport Fire in Trabuco Canyon by working with unhoused individuals at the temporary Red Cross Shelter. The team supported three unhoused individuals, secured shelter beds, and transported the participants when the temporary Red Cross shelter closed on Friday, September 20, 2024. The Central Outreach & Engagement team worked with a transitional-age youth to achieve permanent housing during September. OC O&E worked to get the client linked to the clinics and eligible for the MHSA certification. He successfully reunified with his biological father, who agreed to pay his portion of the rent until the client's SSI is approved.
- The North Outreach & Engagement team has been working diligently to build a trusting relationship with a client since 2022. In October 2023, after months of on-and-off communication, she reconnected with our team and expressed her readiness to work

with us again. We made a referral to Regional Care Coordination and assisted her in gathering vital records such as her Social Security Card and Disabling Condition Verification. She is now actively engaged with our team and working towards a permanent housing goal.

### **Children & Youth Services (CYS):**

- Waymakers Guidance Center, a center for Collaborative Court Full Service Partnership and Youthful Offenders Wraparound clients, hosted two events in August to support participants and their families gear up for the new school year, recognizing the importance of creating opportunities for families to engage with our school community. The *Back to School* and *Study Hour* events provided families with school supplies, information on tutoring resources, after school activities and childcare. Speakers with high school diploma programs, community colleges and employers were present to help participants stay on track with their academic and personal goals.
- As of August 1, 2024, CYS PACT relocated to 4000 W Metropolitan Drive, Suite 404, Orange, CA 92868. The new suite has designated office space for all providers, ample space for group services and is co-located with other BHS programs.
- OCAPICA Project FOCUS Full Service Partnership is starting a career counseling initiative to support clients by introducing them to different career paths and higher education opportunities.

### **Crisis & Acute Care (CAC)**

- OCLinks (OCL): phase 1 of the HVAC project has concluded and phase 2 began as of 9/20/24. During the present phase several staff relocated to a different suite within Metro to accommodate the construction. We continue to utilize the cooling units throughout both suites Friday night through Monday mornings.
- Crisis and Acute Care leadership are in the process of reviewing and finalizing Pulsar's ad executions for the CCMU funded Mental Health Crisis Response Campaign. Anticipated release is mid-October.

### **Forensics:**

- CONREP: One client restored to competency.
- Mental Health Collaborative Courts (MHCC) Graduations:
  - Mental Health Diversion (MHD): 1
  - Assisted Outpatient Treatment (AOT) Voluntary Treatment Linkage: 7
  - CARE:
    - 2 cases dismissed due to voluntary linkage
    - 3 new petitions
  - LPS Forensic Psychology:
    - LPS Conservatorship Hearings: 62
    - Murphy Conservatorship Reports: 6
    - Jury Trials in Process: 4

## MHSA Program Planning and Administration

- MHSA Program Planning and Administration hosted their PAC meeting, 09/19/2024, for 189 stakeholders to discuss the reduction on MHSA Prevention and Early Intervention revenue, upcoming impacts related to Prop 1 implementation, and to review changes in the types of programs and services that will be allowable under Prop 1.
- 31 New student interns started with BHS. Of those, 7 CSUF post-baccalaureate “Fellows” have been placed for a yearlong internship program to help them gain experience in behavioral health field.
- Office of Wellness and Suicide Prevention (OWSP) spearheaded the observances for Suicide Prevention Month in September by launching its third annual Light up Hope OC Campaign to foster hope, demonstrate the pathways to hope, support, and connection, and raise awareness in understanding the role we all play in suicide prevention through an active social media presence and a variety of events, activities and held throughout the county. ([www.LightUpHopeOC.com](http://www.LightUpHopeOC.com))
- OWSP also sponsored the American Foundation for Suicide Prevention’s Annual Orange County Out of Darkness Walk at Mike Ward Community Park in Irvine on September 14<sup>th</sup>. This event was attended by more than 800 community members and provided the opportunity for the community to come together to remember those we have lost to suicide while sharing resources for suicide prevention, reducing stigma, and working to create opportunity to build hope and connection for those who may be at risk for suicide.
- Throughout the month of September, HCA and its partners actively posted suicide prevention messages on all social media platforms targeting a wide audience inclusive of all age groups and ethnicities. The message of hope, the importance of connectedness and the availability of resources including 988 were key elements of this messaging.
- OWSP staff is part of the organizing committee for a multi-county suicide prevention summit being held virtually on September 27 to discuss a variety of suicide prevention related topics. Orange County is one of the organizer counties along with Fresno, Kern, Marin, San Luis Obispo, and Tulare.
- In conjunction with the OWSP, the Workplace Wellness Advocates (WWA) program supported and encourage a Team Activity to promote workplace wellness. Teams are video recording staff at their location sharing about how they do self-care or promote wellness in the workplace. All the videos will be submitted by the end of September and compiled for sharing across BHS.
- PIVOT INN Project: INN Staff submitted the PIVOT INN Project draft to the MHSOAC to begin technical assistance and prepare for the October 24th Commission Meeting. This is the largest and most complex INN proposal OC has submitted to the OAC for review and includes the opportunity for multi-county collaboration and shared learning.
- Relias Library of trainings roll-out started in early August. These trainings are available to all BHS staff with access to Eureka.

### **Substance Use Disorder (SUD):**

- County operated SUD outpatient clinics have expanded the Recovery Incentives program to the Anaheim and Aliso Viejo locations in addition to the Santa Ana location, which piloted the program in OC.
- Dr. Kelley, Robin Rush from Recovery Road, and Vuthy Yam were honored at the 2<sup>nd</sup> Annual Recovery Picnic for their dedication to supporting recovery in OC.
- 2<sup>nd</sup> Annual Recovery Picnic on 9/14/24 was a success! Over 1,000 participants received an overdose prevention kit along with the opportunity to visit behavioral health resource booths.

### **Community Education Presentations**

- SUD will be addressing the opioid crisis and providing Naloxone training and distribution at the upcoming events:
  - 10/02/24: CalOptima's Health and Orange Coast College Health and Wellness Fair - Naloxone Training/Distribution, Costa Mesa
  - 10/03/24: Addressing the Opioid Crisis and Naloxone Training/Distribution with SSA, Santa Ana
  - 10/03/24: Addressing the Opioid Crisis and Naloxone Training/Distribution, Western Youth Services staff, Mission Viejo
  - 10/05/24: Oral Cancer Walk, Naloxone Training/Distribution, Fountain Valley
  - 10/07/24: Addressing the Opioid Crisis and Naloxone Training/Distribution, Ponderosa Elementary School, Anaheim
  - 10/15/24: Orange County Prevention Network Conference and Resource Fair, Naloxone Training/Distribution, Santa Ana
  - 10/16/24: What is Fentanyl? Community Forum for the Deaf and Hard of Hearing, Cypress
  - 10/16/24: Addressing the Opioid Crisis and Naloxone Training/Distribution, Western Youth Services, Santa Ana
  - 10/17/24: Addressing the Opioid Crisis and Naloxone Training/Distribution, Western Youth Services, Fountain Valley
  - 10/22/24: Naloxone Training and Distribution, Los Alamitos Unified School District, Los Alamitos
  - 10/23/24: Communities First Conference, Naloxone Training and Distribution, Garden Grove



## HIGHLIGHTS of the Month

- AOA: The Anaheim Outpatient Clinic has been working with a client for the past two years. At the start of services, the client was experiencing extreme mood swings, impulsive behavior, and self-harm. Additionally, the client struggled to keep appointments and find employment. Through the course of their treatment with the clinic, the client has stabilized, is holding two jobs, and is attending community college.
- BHS Navigation: OC O&E has been working on the First Point Program, which involves a collaboration with law enforcement and the District Attorney's office. The program had its first graduate during the month of September. The individual completed ten sessions with OC O&E and was able to have his charges dismissed pre-filing. The individual received a certificate of completion and kind words from the Commissioner. He was so excited he agreed to go to a shelter that day for the first time.
- CAC: Crisis Assessment Team (CAT) went out to evaluate a female client at the request of Anaheim PD after they completed a welfare check on a client that had "odd behaviors [and] had no access to water or food". Upon arrival, client was extremely paranoid; however, CAT clinicians were able to get her to open her apartment door and speak with them. Client denied any grave disability concerns; however, it was visible that she had not been able to care for herself. During the evaluation, client appeared to be unable to stand up without potentially tipping over, possibly due to being malnourished. Client was placed on a 5150 hold for grave disability. Client refused wanting any help or wanting to go to the hospital. Once the ambulance arrived, client continued to refuse wanting any help; however, after talking with client and empathizing with her for roughly 30-40 minutes, she then agreed to go to the hospital. During the warm hand off, Anaheim Global ER staff expressed gratitude for getting client to the ER due to her current condition. Client was also able to get connected to meals on wheels for food service and was connected to a social worker via APS.
- CYS: A young boy with behavior problems was referred to a CYS Outpatient clinic. He would have emotional outbursts, be physically aggressive, yell, touch others inappropriately, and refuse to follow rules. The therapist helped the family by using Parent-Child Interaction Therapy (PCIT) skills. For the first 6 weeks, they focused on Child-Directed Interaction (CDI) to improve the bond between the mother and the child. Once the mother got good at CDI skills, they moved on to Parent-Directed Interaction (PDI) skills. This part focused on getting the child to follow rules and show positive behaviors. The mother noticed big changes: the inappropriate touching stopped, and the other behavior problems got much better. By the end of PCIT, the mother saw a big improvement in the child's behavior at home and school. The child paid more attention at school and followed rules better at home. The mother also felt her relationship with the child had improved. A month before finishing PCIT, the child even received a citizenship award at school for good behavior.
- Forensics & Justice Involved: Two of the Murphy reports resulted in submissions to conservatorship. One was to a Murphy conservatorship and the other to LPS.
- MHSA: On the evening of September 10th, World Suicide Prevention Awareness Day, OWSP was very successful in hosting the lanterns of Hope event. Community members

decorated and lit paper lanterns, which in many cultures are a powerful symbol of hope, protection from harm, dispelling of negativity and fostering of optimism. The lanterns were a reminder of shared hope to those who are struggling that they are not alone. Speakers shared their stories of loss and resilience, followed by a guided meditation and lighting of lanterns ceremony.



- SUD: A County-contracted provider for SUD perinatal and adolescent residential treatment programs experienced an evacuation due to the recent Airport fire and had to relocate residents and program operations temporarily to a hotel. All the participants remained in the program during this temporary change in location. The community donated several items to ensure each client and child had what they needed during this time. The hotel provided complimentary conference rooms so that services could continue. The provider was able to return to their treatment facility site and has resumed full operations.