



Children & Youth Services
10/30/2024

Presentation for the Behavioral Health Advisory Board

Focus of Today and Future Meetings

- Today we will provide an overview of Children and Youth Services (CYS) Outpatient and Full-Service Partnerships (FSP) serving children 0-12 years of age.

How to Access Children & Youth Services

- **There are 21 Outpatient clinics throughout Orange County**
- **OC Links – 24 hours a day / 7 days a week / 365 days a year**
 - Call or Live Chat Online
 - (855) OC LINKS or (855) 625-4657
 - <https://www.ochealthinfo.com/services-programs/mental-health-crisis-recovery/navigation-help-resources/oc-links>
- **Contact providers directly**

CHILDREN & YOUTH SERVICES OUTPATIENT SERVICES LOCATIONS

SOUTH REGION

South Region County Operated Clinic
Service Chief: Lisa Niino
23046 Avenue De La Carlota, Suite 500
Laguna Hills, CA 92653
(949) 643-6900
Fax (949) 643-6931

Child Guidance Center

Program Director: Nancy Guardado
3551 Camino Mira Costa, Suite T
San Clemente, CA 92672
(949) 272-4444
Fax (949) 272-4445

Seneca Family of Agencies OC

Program Director: Tyler DeLeon
22942 El Toro Rd.
Lake Forest, CA 92656
(949) 317-1020/ Intake: (714)383-9401
Fax (949) 460-4008

Western Youth Services

Program Director: Kim Preston
26137 La Paz Road, Suite 230
Mission Viejo, CA 92691
(949) 949-595-8610
Fax (949) 595-0296

EAST REGION

East Region County Operated Clinic
Service Chief: Skarlet Segundo
500 City Parkway West, Suite 200
Orange, CA 92868
(714) 480-6600
Fax (714) 568-4527

Child Guidance Center

Program Director: Rudy Gomez
600 W. Santa Ana Blvd., Ste 600
Santa Ana, CA 92701
(714) 953-4455
Fax (714) 542-2793

Seneca Family of Agencies OC

Program Director: Tyler DeLeon
1801 Park Court Place, Suite H
Santa Ana, CA 92701
(714)957-1004/ Intake:(714)383-9401
Fax (714) 550-9658

Western Youth Services

Program Director: Shirley Harmon
200 W. Santa Ana Blvd., Suite 801
Santa Ana, CA 92701
(714) 704-5900
Fax (714) 978-3419

Western Youth Services-Metro East

Program Director: Grace Le
3631 S. Harbor Blvd., 2nd Floor
Santa Ana, CA 92704
(657) 356-6490
Fax (657) 356-6290

WEST REGION

West Region County Operated Clinic
Service Chief: Claudia Garcia
14140 Beach Blvd, Suite 155
Westminster, CA 92683
(714) 896-7556
Fax (714) 896-7564

Clarvida

Program Director: Kristin Testo
12966 Euclid Street, Suite 280
Garden Grove, CA 92840
(714) 823-4770
Fax (714) 823-4777

Western Youth Services

Program Director: Adriana Niizawa
18350 Mt Langley Street, Ste 206
Fountain Valley, CA 92708
(714) 378-2620
Fax (714)378-2631

NORTH REGION

North Region County Operated Clinic
Service Chief: Veronica DeFernandez
120 S. State College Blvd, Suite 150
Brea, CA 92821
(714) 577-5400
Fax (714) 577-5450

Child Guidance Center

Program Director: Ray Cordova
6301 Beach Boulevard, Suite 245
Buena Park, CA 90621
(714) 736-0231
Fax (714) 736-0895

NORTH REGION

Child Guidance Center
Program Director: Lynda Akiyama
680 Langsdorf Drive, Suite 200
Fullerton, CA 92831
(714) 871-9264
Fax (714) 871-5032

Clarvida

Program Director: Suzy Sering
1501 E. Orangethorpe Ave, Suite 220
Fullerton, CA 92831
(714) 254-8473
Fax (714) 254-848

Seneca Family of Agencies OC

Program Director: Tyler DeLeon
233 S. Quintana Drive
Anaheim, CA 92807
(714) 202-2106/ Intake: (714)383-9401
Fax (714) 730-8212

Western Youth Services

Program Director: Ryan Sandburg
222 S. Harbor Blvd, Suite 260
Anaheim, CA 92805
(714) 871-5646
Fax (714) 817-7368

CENTRAL REGION

Central Region County Operated Clinic
Service Chief: Victor Cota
2801 Bristol Street, Suite 100
Costa Mesa, CA 92626
(714) 850-8408
Fax (714) 850-8587

Clarvida

Program Director: Jamie Harmon
17682 E. 17th Street, Suite 107
Tustin, CA 92780
(714) 661-5390
Fax (714) 661-5449

Clarvida

Program Director: Angie Quimbayo
940 South Coast Dr., Ste 260
Costa Mesa, CA 92626
(949) 524-4313
Fax (949) 524-4372

CYS Outpatient Location Map

Current County Clinics (n=5)

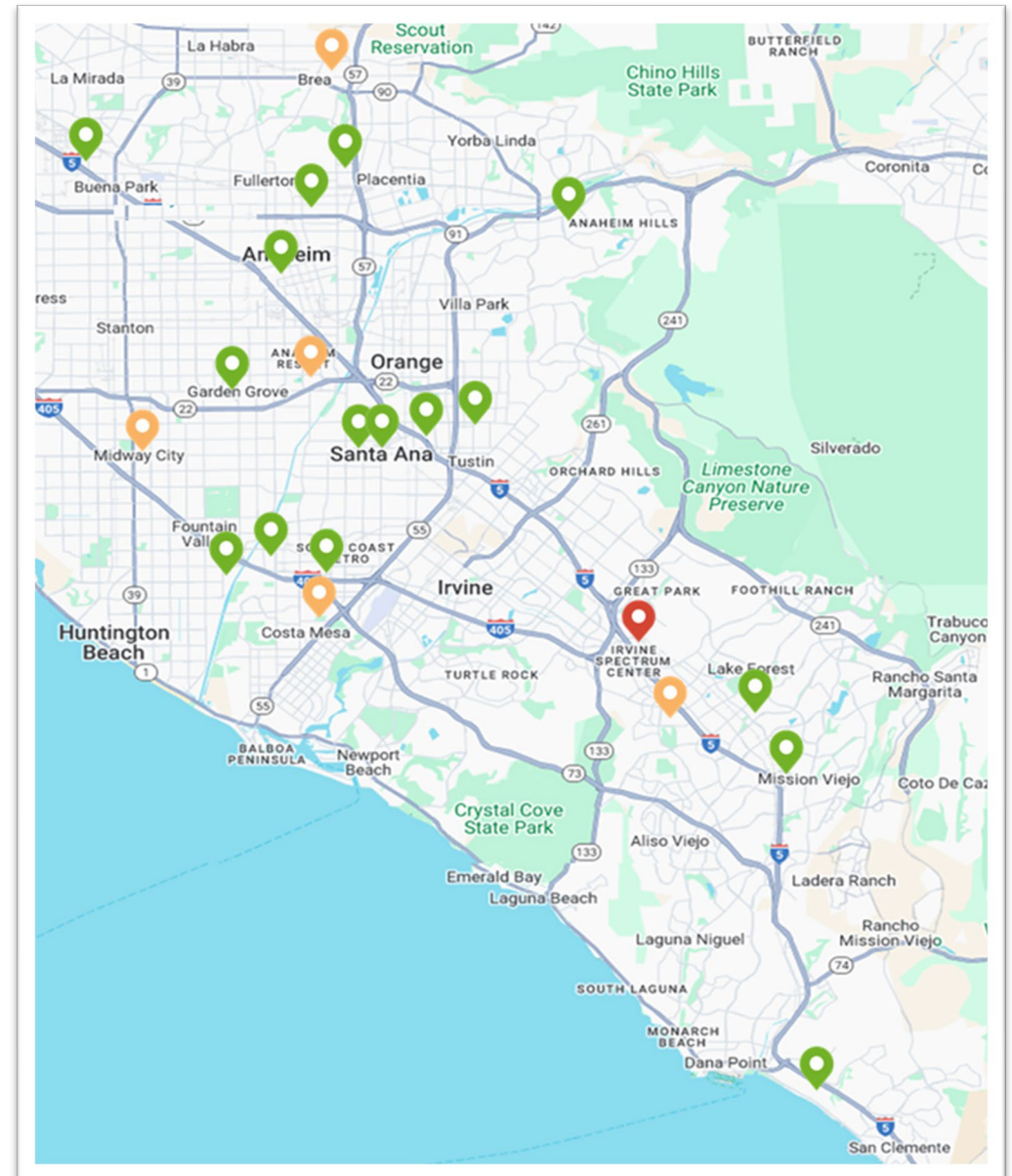
- **CYS**
 - Central – Costa Mesa
 - East – Orange
 - North - Brea
 - South – Laguna Hills
 - West - Westminster

Future Clinic Sites (n=1)

- **Be Well**
 - Irvine

Current Contracted Clinics (n=16)

- **Child Guidance Center, Inc.**
 - Buena Park
 - Fullerton
 - San Clemente
 - Santa Ana
- **Clarvida (Formerly known as Pathways)**
 - Costa Mesa
 - Fullerton
 - Garden Grove
 - Tustin
- **Seneca Family of Agencies OC**
 - Anaheim
 - Lake Forest
 - Santa Ana
- **Western Youth Services**
 - Anaheim
 - Fountain Valley
 - Mission Viejo
 - Santa Ana – Harbor Blvd.
 - Santa Ana – Santa Ana Blvd.



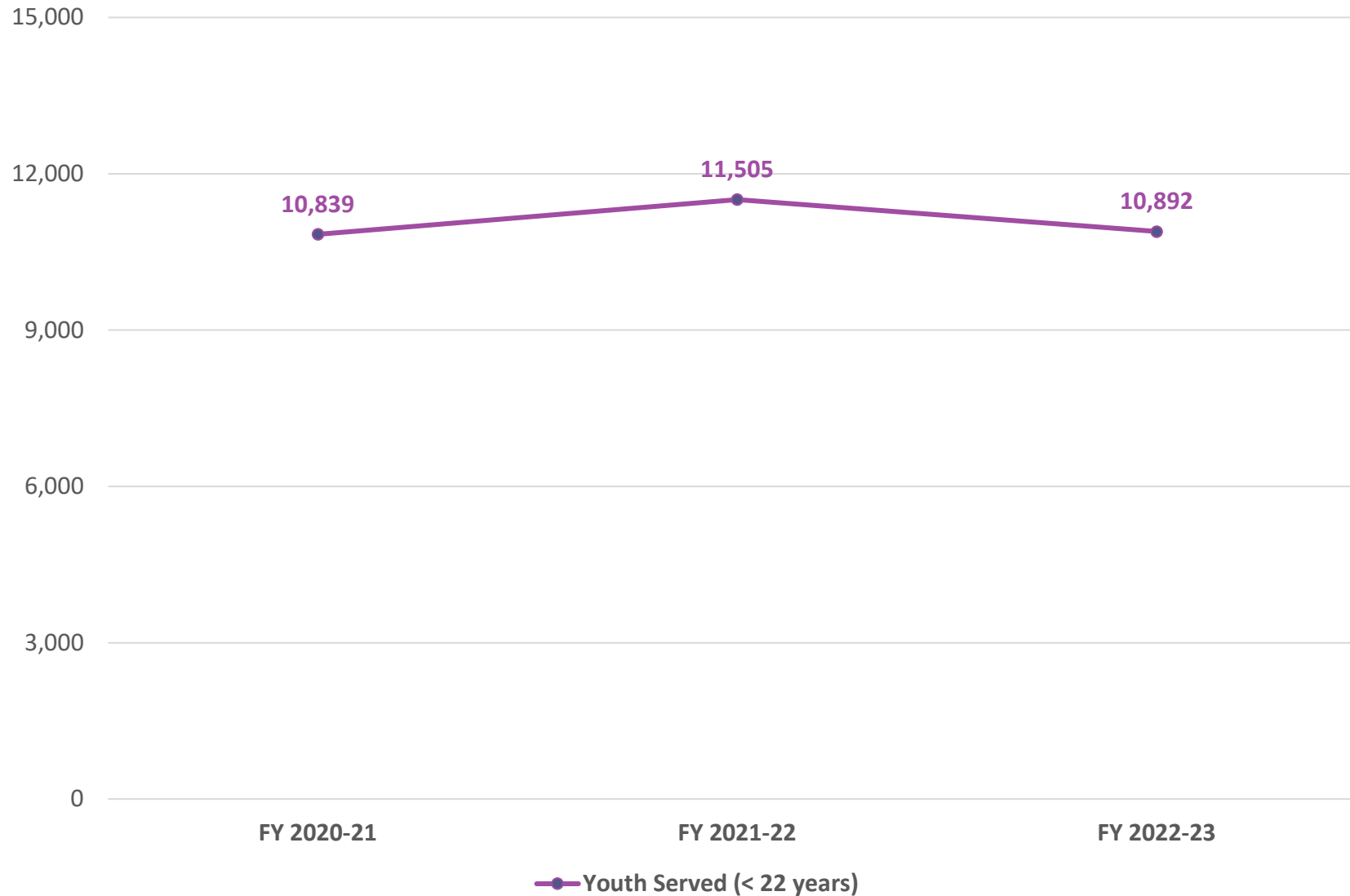
Overview of Outpatient Services

- **Serve youth ages 0-21 years old**
- **Serve youth with Medi-Cal or clients who are uninsured**
- **Provide individual, family, group therapy; psychiatric evaluation, and psychological testing**
- **Provide case management to connect youth and their families with needed resources**
- **Coordinate with other providers working with the youth**

Referral Sources

- CalOptima
- Kaiser
- Social Services Agency (SSA)
- Probation
- Schools
- Hospitals
- HCA County-Operated and Contracted behavioral health providers
- General Practitioners/Primary Providers (MDs)
- Faith-Based Organizations
- Family Resource Centers (FRCs)
- Center for Autism
- Parent/Guardian
- Self

Number of Youth Served in CYS Outpatient Clinics by Fiscal Year

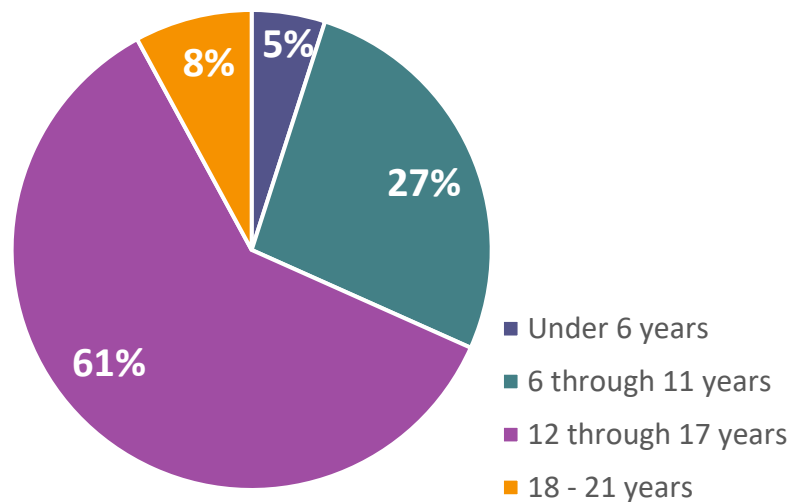


Number of Children and Youth Served and Services in Fiscal Year 2022-23

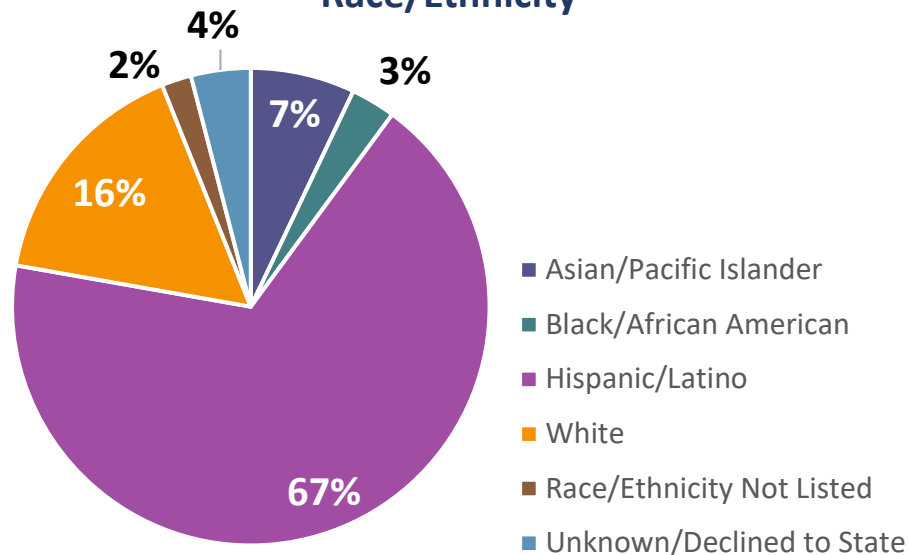
10,892

Children and Youth Served in CYO Outpatient Clinics

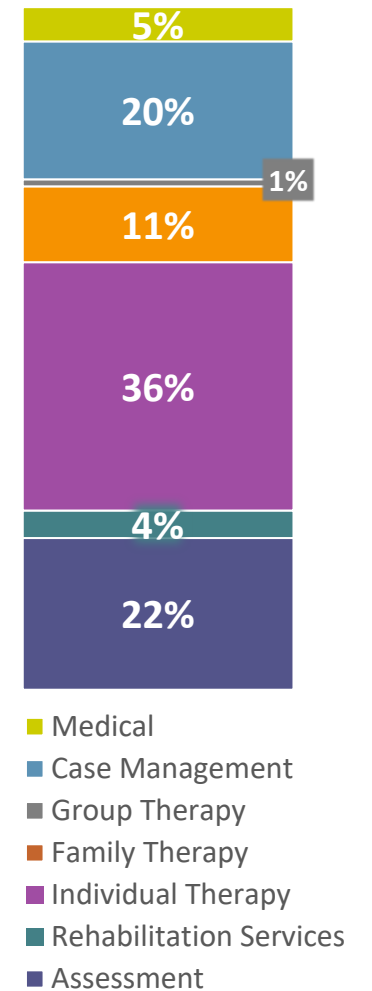
Age (years)



Race/Ethnicity



Services Provided by Type



Youth Served by Region and Provider (Fiscal Year 2022-23)

North Region

CYS	601
Child Guidance Center (2 locations)	1,010
Pathways Community Services	445
Seneca	364
Western Youth Services	1,193
Duplicated Count	3,613

East Region

CYS	750
Child Guidance Center	669
Olive Crest	367
Seneca	399
Western Youth Services	1,128
Duplicated Count	3,313

West Region

CYS	594
Pathways Community Services	595
South Coast Children's Society	171
Western Youth Services	892
Duplicated Count	2,252

Central Region

CYS	474
CHOC Co-Occurring	312
Olive Crest	110
Waymakers Families First	220
Duplicated Count	1,116

South Region

CYS (3 locations)	349
Child Guidance Center	169
Seneca	285
Western Youth Services	722
Duplicated Count	1,525

Evidenced Based Therapies

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)

A structured, short-term treatment model used with children and adolescents ages 3 to 18 and their parents or caregivers that effectively improves a range of trauma-related outcomes.

Eye Movement Desensitization Reprocessing (EMDR)

A structured therapy using lateral eye movements and/or other stimuli such as hand-tapping and audio stimulation to alleviate the distress associated with traumatic memories.

Seeking Safety

A present-focused therapy that helps clients attain safety from trauma and substance abuse by emphasizing coping skills, grounding techniques, and education.

Motivational Interviewing

A collaborative, goal-oriented approach designed to strengthen personal motivation for and commitment to a specific goal by eliciting and exploring the person's own reasons for change.

Cognitive Behavioral Therapy (CBT)

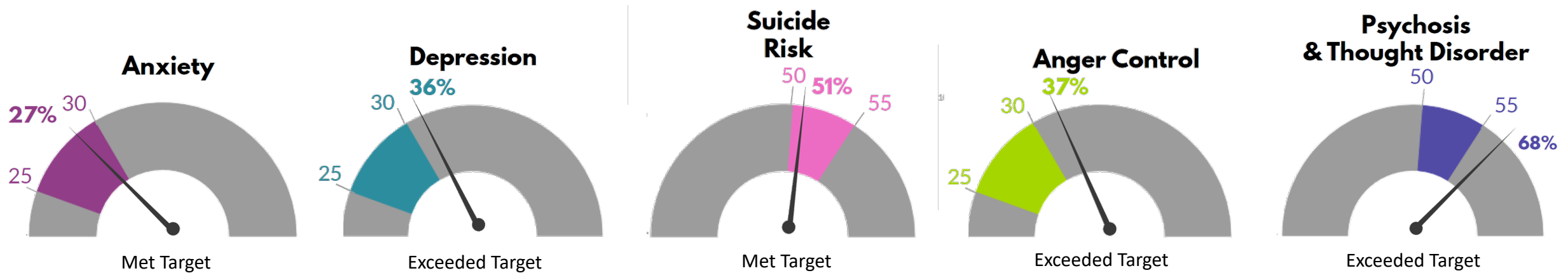
Aims to help clients identify and explore the ways their emotions and thoughts can affect their actions in order to help them learn how to change behaviors and develop new coping strategies.

Dialectical Behavioral Therapy (DBT)

Aims to help clients develop skills to regulate intense emotions, reduce conflict with others, manage stressful thoughts, identify healthy coping strategies, and make meaningful connections with others.

Child and Adolescent Needs and Strengths (CANS)

Children and Youth Experiencing Reduction in Clinical Distress FY 2022-23



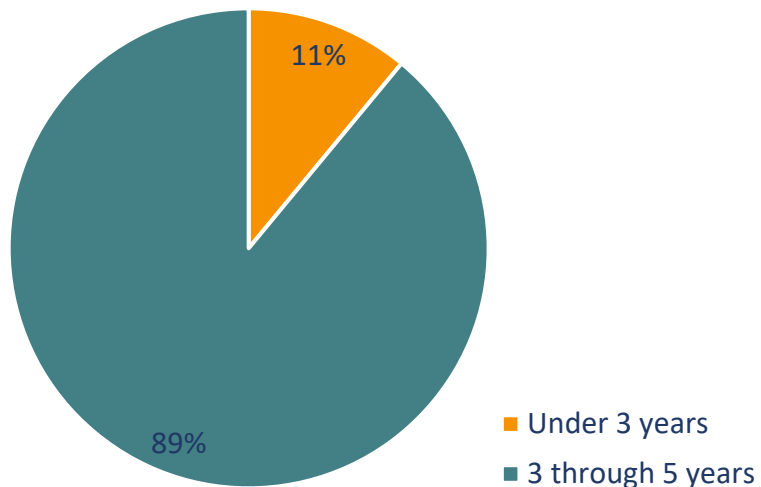
Colored Range = Target Goal for Improvement

Numbers of Children 0-5 years and Services in Fiscal Year 2022-23

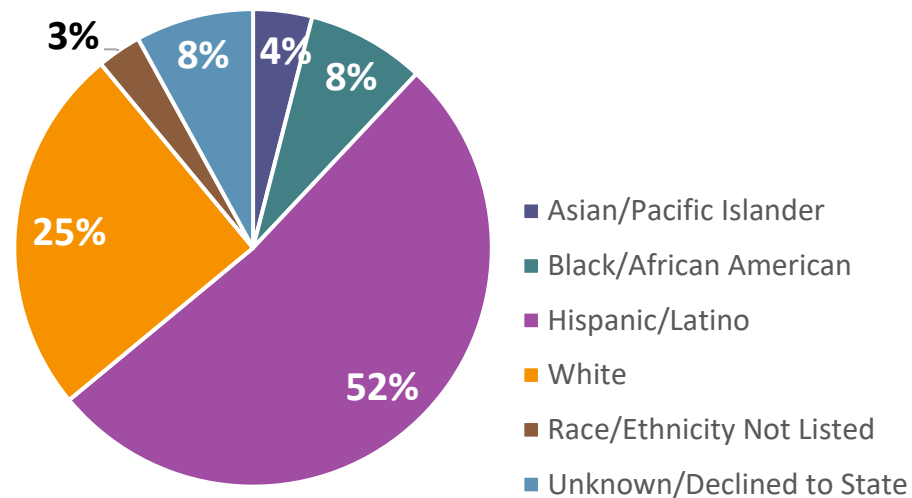
713

total children 0-5 years served in CYS

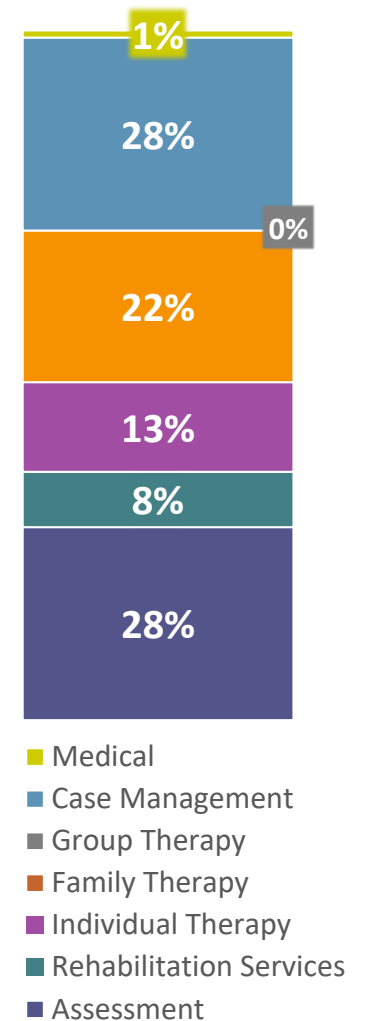
Age (years)



Race/Ethnicity



Services Provided by Type



Evidenced Based Therapies for Children 0 Through 5 Years of Age

Parent-Child Interaction Therapy (PCIT)

Focuses on promoting positive parent-child relationships and interactions and teaching parents effective child management skills. Intended for families with children 2-6 years old who are experiencing emotional and behavioral problems that are frequent and intense.

Positive Parenting Program (Triple P)

Offers practical strategies to help parents better understand and support their children's emotional and developmental needs by building strong and healthy relationships and improving communication.

Parent-Child CARE (PC CARE)

Targets improving caregiver-child relationships and supporting parents/caregivers in the development of new child behavior management strategies. A brief intervention for families with children 1-6 years old who may have experienced a traumatic event, may be adjusting to a new home, or may be exhibiting disruptive or defiant behaviors.

CYS PCIT and PCIT/PC CARE Clinic Locations

PCIT Clinics (n=16)

- **CYS:**
 - Central Region - Costa Mesa
 - East Region - Orange
 - North Region - Brea
 - South – Laguna Hills
 - West - Westminster
- **Child Guidance Center, Inc.**
 - Buena Park
 - San Clemente
- **Clarvida (Formerly known as Pathways)**
 - Anaheim - RENEW FSP *
 - Garden Grove
 - Tustin
- **OCAPICA**
 - Project FOCUS FSP * - Garden Grove
- **Seneca Family of Agencies OC**
 - Anaheim
 - Santa Ana
- **Western Youth Services**
 - Anaheim
 - Fountain Valley
 - Mission Viejo
 - Santa Ana – Harbor Blvd.
 - Santa Ana – Santa Ana Blvd.

Future PCIT Clinics (n=3)

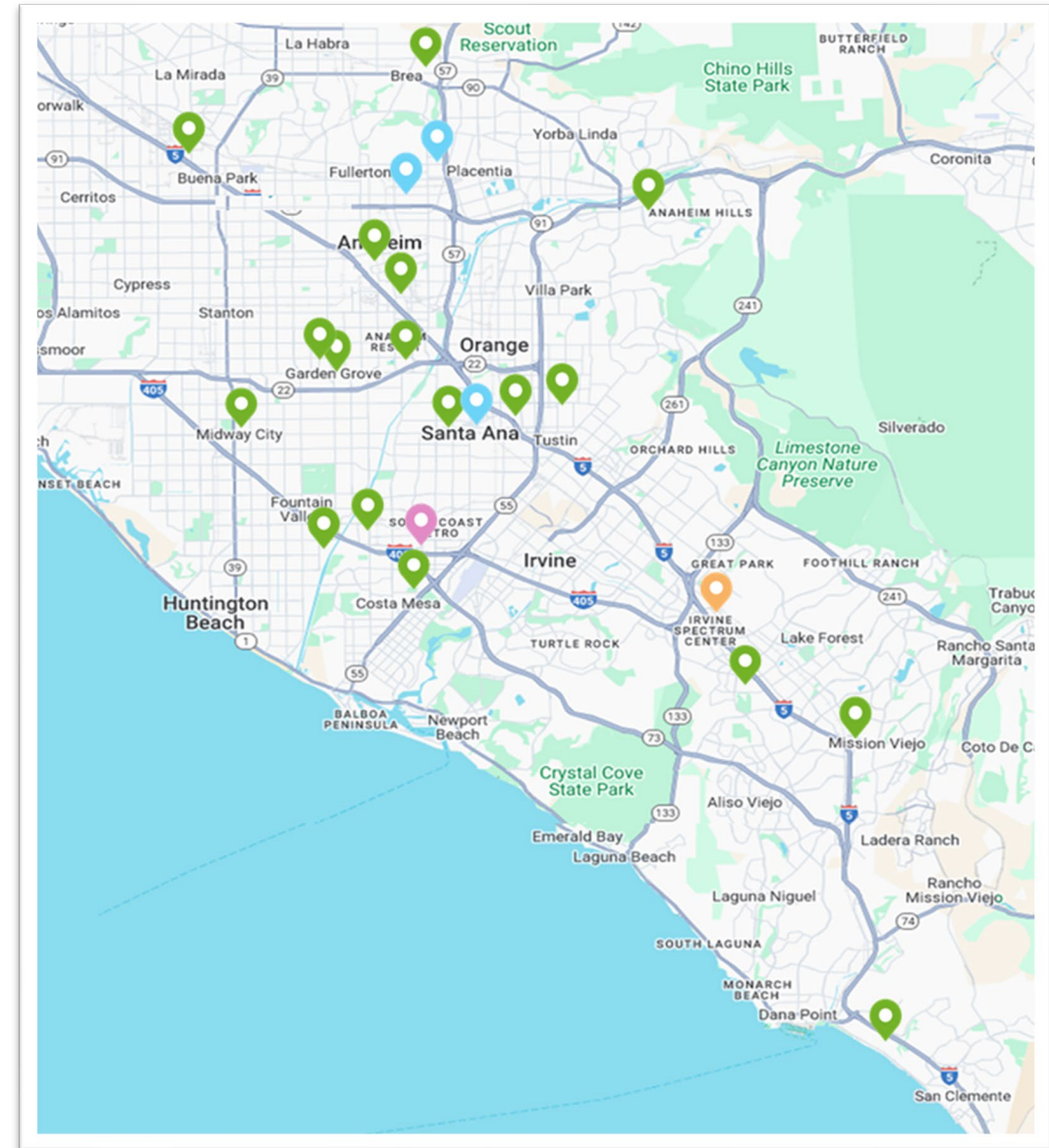
- **Be Well**
 - Irvine

PCIT + PC CARE Clinics (n=3)

- **Child Guidance Center, Inc.**
 - Fullerton
 - Santa Ana
- **Clarvida (Formerly known as Pathways)**
 - Fullerton

Additional Clinic (n=1)

- **Clarvida (Formerly known as Pathways)**
 - Costa Mesa



PCIT Success Story #1

A young boy with behavior problems was referred to an outpatient clinic. He would have emotional outbursts, be physically aggressive, yell, touch others inappropriately, and refuse to follow rules. The therapist helped the family by using PCIT (Parent-Child Interaction Therapy) skills. For the first 6 weeks, they focused on Child-Directed Interaction (CDI) to improve the bond between the mother and the child.

Once the mother got good at CDI skills, they moved on to Parent-Directed Interaction (PDI) skills. This part focused on getting the child to follow rules and show positive behaviors. The mother noticed big changes: the inappropriate touching stopped, and the other behavior problems got much better.

By the end of PCIT, the mother saw a big improvement in the child's behavior at home and school. The child paid more attention at school and followed rules better at home. The mother also felt her relationship with the child had improved. A month before finishing PCIT, the child even received a citizenship award at school for good behavior.

PCIT Success Story #2

A young boy was getting help because he had symptoms of inattention, difficulty following rules and frequent tantrums.

When they started PCIT, the mom was both excited and nervous. The boy did well during PCIT sessions and his inattention quickly improved. He still had trouble with anger and following rules. The mom found it hard to attend all the sessions but kept practicing at home using the skills she learned.

Over time, as the mom changed how she gave instructions and interacted with her son, his behavior improved. He started to communicate better with his mom and even used some of the skills he learned in PCIT. After about 10 months, the boy's behavior got a lot better, and his mom's stress levels dropped. She noticed fewer tantrums and better behavior from her son.

By the end of the program, the mom realized how helpful PCIT was. She continued using the skills and enjoyed the daily routine with her son.

Overview of FSPs and PACT

- "Whatever it Takes" model of treatment
- Evidence-based and strengths-based model
- Emphasis on field-based services servicing all of Orange County
- Intensive, mental health care coordination services that will address family needs across all life domains of the client
- 24/7 access to services
- Services are voluntary
- Youth must reside in Orange County

Who is eligible for an FSP program?

CYS Full-Service Partnership (FSP) programs serve children and Transitional Age Youth (TAY) who have a Serious Emotional Disorder (SED) or Severe Mental Illness (SMI) and are in one or more of the following target groups:

- Homeless or at risk of homelessness
- Unserved or underserved because of linguistic or cultural isolation
- With a history of multiple psychiatric hospitalizations
- Experiencing their first psychotic episode
- Exiting the Social Service or Probation Systems
- With special needs and/or co-occurring disorders
- Children of parent(s)/guardian(s) with serious mental illness, or
- Ages zero (0) through five (5) and school age children who are unable to function in the mainstream school, preschool or day care setting because of emotional problems.

FSP Services

- Assessment
- Crisis Evaluation
- Crisis management
- Individual and Group Therapy
- Intensive case management & rehab services
- Medication services
- Housing support services
- Job coaching and development
- Educational Services
- Life skills coaching
- Linkage to financial benefits/entitlements
- Family and peer support
- Supportive socialization
- Assisting each member in creating a meaningful community role as self-defined through healthy relationships, employment, volunteering, education or family reunification
- Co-occurring services
- Illness education and self-management
- Transportation

Roles of FSP Staff

Personal Service Coordinator (PSC): The Bachelor's level PSC is the point of contact for the client and family and works with the client to build their independent life skills, work on external behaviors that are causing barriers to their functioning, assist in facilitating of groups, link members to the community and outside resources, and facilitate continuity of care.

Lead Personal Service Coordinator (Lead PSC): The Master's Level Lead PSC supervises a team of PSC's, conducts therapy with a small caseload, completes assessments, facilitates groups and assists with the handling of crises throughout the day.

Clinician: Conducts group and individual therapy, completes assessments and provides crisis intervention.

Clinical Supervisor: Supervises the therapists, assists in training of staff.

SUD Counselor: Assists members with becoming and remaining sober by educating them on patterns of substance use/abuse to increase insight, facilitates groups.

Roles of FSP Staff (Continued)

Housing Coordinator: Assists members (and families if applicable) with housing needs, maintains relationships with housing vendors, handles housing crises as needed, and facilitates groups related to housing issues.

Education Coordinator: Assists members with all educational goals including, but not limited to, applying for school, arranging for high school completion or GED, touring schools, applying for financial assistance, obtaining school supplies, and helping members become successful in their education.

Employment Coordinator: Assists members (and families) with all employment goals including resume building, mock interviews and applying for jobs.

Parent and Youth Partners: Teams with either the parent or youth to work on parenting/skill building, coaching and community integration/linkage. Monolingual parenting groups are facilitated by parent partners.

CYS FSP Serving Children 0-12 years of age

- **Orange County Asian & Pacific Islander Community Alliance (OCAPICA), Project FOCUS**
12912 Brookhurst Street, Ste. 480, Garden Grove, CA 92840
- **Clarvida, Project RENEW**
1360 S. Anaheim Blvd., Ste. 101, Anaheim, CA 92805
- **CHOC, Project HEALTH**
1120 W. La Veta Avenue, Suite 660, Orange, CA 92868

Project FOCUS

Population Served: Culturally- and/or linguistically-isolated Asian/Pacific Islander (API) children, adolescents, and transitional age youth, ages 0 up to 26, who are living with a severe emotional disturbance and/or serious mental illness.

Referral Source(s):

- County and county contracted outpatient clinics
- CHOC Mental Health Inpatient Center (MHIC)
- Emergency departments
- Inpatient units
- Primary physicians
- CAT
- Schools

Minimum contracted to Serve: 106 clients

Actual Served in FY 2022-23: 141 clients

Project RENEW

Population Served: Children and youth, ages 0 up to 18 years of age, experiencing severe emotional disturbance.

Referral Source(s):

- County and county contracted outpatient clinics
- Primary Care Physicians
- Emergency Departments
- Inpatient Units
- Schools
- CAT
- Intensive Services Foster Care (ISFC)

Minimum contracted to serve: 242 clients

Actual Served in FY 2022-23: 314 clients

Project HEALTH

Population Served: Children, adolescents and transitional age youth, ages 3 to 26 with ***BOTH*** medical **AND** mental health conditions. Effective July 1, 2023, the CHOC Co-Occurring program merged with the CHOC FSP/Project Health program.

Referral Source(s):

- Hospitals
- Physicians
- Specialty Clinics
- County and county contracted clinics

Minimum contracted to serve: 192 clients

Actual Served in FY 2022-23: 130 clients

Indicators of Recovery Youth Served in FY 2022-23

Did not Require
Psychiatric
Hospitalization



Target \geq 80%



Did not Experience
Unsheltered
Homelessness



Target \geq 80%



Were not
Arrested



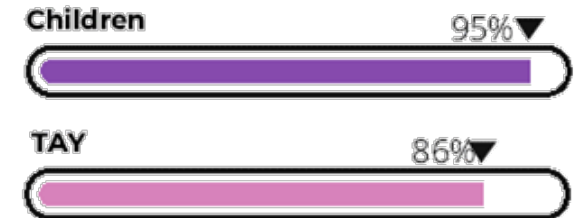
Target \geq 80%



Were not
Incarcerated



Target \geq 80%





Thank you!

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