

## Orange County Breastfeeding Resources

Provider Name/Contact Information	Services				Multicultural Education Materials	Electric Pumps Rent/Loan	*Credentials CLE, CLC, IBCLC	Breastfeeding Helpline	Language
	Prenatal	Postpartum	1:1 Counseling	Peer Counseling					
Orange County Health Care Agency Public Health Community Nursing/Lactation Clinic 714-834-8363 <a href="http://www.ochealthinfo.com">www.ochealthinfo.com</a>	X	X	X				CLE	714-834-8363 English/Spanish 714-896-7375 Vietnamese	Spanish/ Vietnamese Translator Line & Sign Language Services Available
Le Leche League 877-laleche/877-452-5324 <a href="http://www.llli.org">www.llli.org</a>	X	X	X	X	X			877-452-5324 Toll-free LLL 24/7 Breastfeeding Helpline	Online: Spanish/Chinese/ Italian/Russian and other
AltaMed 888-499-9303	X	X	X	X	X		CLE/ IBCLC	24-hour nurse line: 877-861-6718	Spanish/Urdu/Farsi /Vietnamese/ Tagalog/Korean/ Chinese
Office on Women's Health National Women's Health & Breastfeeding Helpline <a href="https://www.womenshealth.gov">https://www.womenshealth.gov</a>	X	X	X	X					Spanish

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<b>Community-Based Breastfeeding Resources</b>										
Countywide	MOMS Orange County 714-972-2610 1128 W. Santa Ana Blvd, Santa Ana, CA 92703 <a href="http://www.momsorangecounty.org">www.momsorangecounty.org</a>	X	X	X	X	X	X	CLE	714-972-2610	Spanish/ Vietnamese
Northern CA	San Jose Mother's Milk Bank Phone: (408) 998-4550 Toll-free: (877)375-6645 <a href="http://www.mothersmilk.org">www.mothersmilk.org</a>			X		X	X	CLC/ CLE	For donors and recipients only, referred by staff.	Spanish/ Vietnamese/ Chinese/ Korean

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<b>WIC Program Based Breastfeeding Resources</b>										
North and Central County	County of Orange Health Care Agency WIC Program 714-834-8363 (BF Line) <a href="http://www.ochealthinfo.com">www.ochealthinfo.com</a>	X	X	X		X	For WIC PPT	CLE	714-834-8363 English/ Spanish 714-896-7375 Vietnamese	Spanish/Vietnamese Translator Line & Sign Language Services Available
South County	Camino Health Center WIC Program 949-488-7688 <a href="http://www.caminohealthcenter.org/wic/">www.caminohealthcenter.org/wic/</a>	X	X	X		X	For WIC PPT	CLE	877-452-5324	Spanish, Farsi Translation line available
Central County	Planned Parenthood WIC Program 714-973-2411 (English/Spanish) 714-894-1271 (English/Vietnamese) <a href="http://www.getwic.org">www.getwic.org</a>	X	X	X	X	X	For WIC PPT	CLE, IBCLC, CLC	714-973-2411	Spanish/Vietnamese Tagalog/ Farsi
North and Central County	Public Health Foundation Enterprise WIC Program 888-942-2229 <a href="http://www.phfewic.org">www.phfewic.org</a>	X	X	X	X	X	For WIC PPT	CLE, IBCLC	888-278-6455	Spanish/Vietnamese/ Korean/ Mandarin Chinese

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<b>Hospital-Based Breastfeeding Resources</b>										
Anaheim	Kaiser Permanente Hospital 714-644-5604 Class enrollment: 888-988-2800 <a href="http://www.kpwomenshealth.org">www.kpwomenshealth.org</a> <a href="http://www.kaiserpermanente.org">www.kaiserpermanente.org</a>	X	X	X	X	X	X	IBCLC, CLE	714-644-5604 See 1:1 M-F by appt	Translator Line & Sign Language Services Available
Anaheim	UCI Health, Anaheim Family Health Center 2441 W. La Palma Ave., Suite 100 657-282-6356 <a href="http://www.ucihealth.org">www.ucihealth.org</a>		X					CLE	714-491-4424 M-F 1:00pm – 2:00pm No appointment needed. UCI Birth moms only	Spanish
Fountain Valley	Fountain Valley Regional Hospital 714-966-7200 <a href="http://www.fountainvelleyhospital.com">www.fountainvelleyhospital.com</a>	X	X		X	X		CLE, IBCLC	Lactation Nurse: 714-966-8151 OB BF Helpline: 714-966-8073	Spanish/ Vietnamese/ Chinese

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<b>Hospital-Based Breastfeeding Resources</b>										
Fountain Valley	Fountain Valley Regional Hospital New Mother Support Group Fountain Valley Hospital - OB Classroom 17100 Euclid St, Fountain Valley, CA 92708	X	X	X		X	X	IBCLC	Meets 1st Friday of every month 1:00pm – 3:00pm	To register for the event: <a href="http://www.fountainvalleyhospital.com/events">www.fountainvalleyhospital.com/events</a>
Fountain Valley	Orange Coast Memorial Medical Center 714-378-7833 <a href="https://www.memorialcare.org/locations/breastfeeding-lactation-support-OCMC">https://www.memorialcare.org/locations/breastfeeding-lactation-support-OCMC</a>	X	X	X	X	X		IBCLC, CLE	714-378-7833	Spanish/ Vietnamese/ Chinese
Fullerton	St. Jude Medical Center 714-626-8520 Nurse Help Line 1-800-809-3555 <a href="http://www.stjudemedicalcenter.org">www.stjudemedicalcenter.org</a> Search Breastfeeding Support	X	X	X		X		CLE, IBCLC	Appointments and Class Scheduling: 844-661-7768	Interpreter available

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<b>Hospital-Based Breastfeeding Resources</b>										
Irvine	Kaiser Permanente Hospital 949-932-5892 Class enrollment: 888-988-2800 <a href="http://www.kpwomenshealth.org">www.kpwomenshealth.org</a> <a href="http://www.kaiserpermanente.org">www.kaiserpermanente.org</a>	X	X	X	X	X	X	CLE, IBCLC	24-hour Breastfeeding advice line: 949-932-5892	Spanish/Vietnamese/Farsi Translator Line & Sign Language Services Available
Laguna Hills	Saddleback Memorial Medical Center 949-837-4500 Class enrollment: 877-696-3622 <a href="http://www.memorialcare.org/SBBreastfeeding">www.memorialcare.org/SBBreastfeeding</a>	X	X	X		X		IBCLC	Lactation Nurse: 949-452-7377 Outpatient M-F by appt	
Mission Viejo	Mission Hospital Appointment line: 949-365-2229 <a href="http://www.mission4health.com">www.mission4health.com</a>	X	X	X		X	X	CLE, IBCLC	Lactation nurse: 949-365-2425 M-F 9am-5pm	Spanish Translator Line Available
Newport Beach	Hoag Hospital Class enrollment 800-400-4624 <a href="http://www.hoaghospital.org">www.hoaghospital.org</a>	X	X	X		X	X	IBCLC	Hoag BabyLine: 949-764-2229	Spanish/Chinese

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<b>Hospital-Based Breastfeeding Resources</b>										
Orange	St. Joseph Hospital Class enrollment: 714-744-8764 <a href="http://www.sjo.org/maternity">www.sjo.org/maternity</a>	X	X	X		X	X	CLE, IBCLC	714-744-8764	Spanish
Orange	UCI Medical Center* Class enrollment: 657-282-6357 <a href="http://www.ucirvinehealth.org">www.ucirvinehealth.org</a> *Via Zoom, every first Thursday of the month	X	X	X		X		IBCLC In-patient service only	714-456-3920	Translator available

# Orange County Breastfeeding Resources

## Online Resources

### General Breastfeeding Information

<https://wicbreastfeeding.fns.usda.gov/>

<https://www.cdc.gov/breastfeeding/index.htm>

<https://www.womenshealth.gov/breastfeeding>

### Breastfeeding & Medications

<https://www.infantrisk.com/>

<https://mothertobaby.org/>

### Lactation Accommodation

<https://www.cdph.ca.gov/Programs/CFH/DMCAH/Breastfeeding/Pages/Lactation-Accommodation.aspx>

### Data & Reports

<https://www.cdph.ca.gov/Programs/CFH/DMCAH/Breastfeeding/Pages/Data.aspx>

[https://www.who.int/health-topics/breastfeeding#tab=tab\\_1](https://www.who.int/health-topics/breastfeeding#tab=tab_1)

### Advocacy

<http://californiabreastfeeding.org/>

**Compiled By:** County of Orange Health Care Agency, Public Health Services; Orange County Breastfeeding Coalition; Orange County WIC Programs. **Disclaimer:** The workgroup developed the list to help identify breastfeeding resources in Orange County. The workgroup does not endorse the programs listed or verify that the information provided by the programs is accurate. Providers using the list accept full responsibility from the use of this list. Users should contact the provider for additional information. **Last Updated:** April 2024. CLE: Certified Lactation Educator; CLC: Certified Lactation Consultant; IBCLC: Internationally Board-Certified Lactation Consultant