



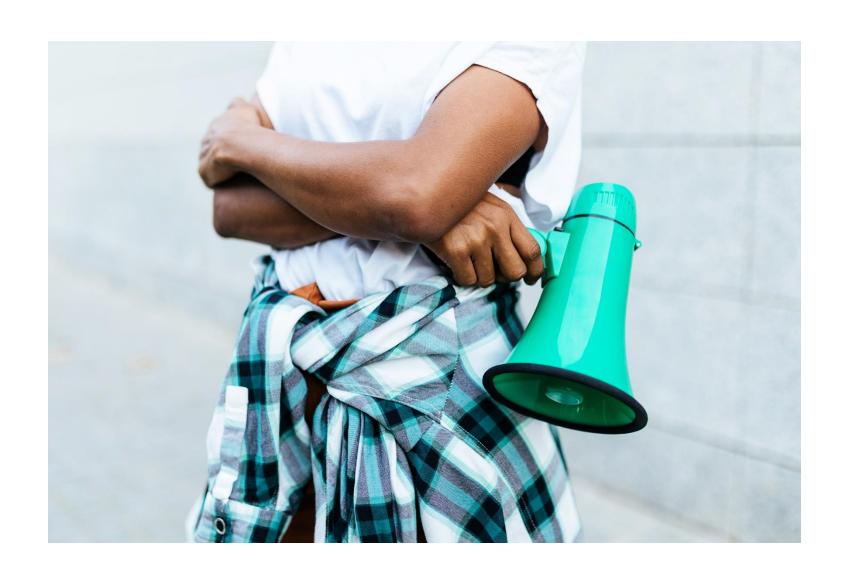
# Today's Agenda



- Welcome and Introductions
- Announcements
- Community Program Planning
- Break
- Activity
- BHSA Initiatives and Continuum
- BHSA Component Briefing
- Lunch, Networking, and Open Forum
- BHSA Workgroups and Co-Chair Applications
- Stakeholder Feedback from December 2024



## **Stakeholder Announcements**









- Community program planning (CPP) aims to improve the health and well-being of a specific community by identifying community-defined needs, developing strategies, and implementing programs to address those needs.
- CPP is a collaborative process involving consumers/family members, system partners, healthcare professionals, and other stakeholders to create a healthier and more equitable environment.
- By planning BH intervention, treatment and support programs strategically, initiatives are aligned with community priorities, resources are used effectively, and desired outcomes are achieved.

## The Behavioral Health Integrated Plan

https://leginfo.legislature.ca.gov/faces/codes\_displaySection.xhtml?lawCode=WIC&sectionNum=5963.02.

# Stakeholder Involvement Requirements MHSA and BHSA



Counties shall demonstrate a partnership with stakeholders throughout the CPP process that includes meaningful stakeholder involvement on mental health and substance use disorder:

MHSA
Mental health policy
Program planning and implementation
Monitoring
Quality improvement
Evaluation
Budget allocations
Requires participation from unserved/underserved populations, individuals with SMI or SED and their families; providers of mental health, physical health, and/or social services; educators or their reps; law enforcement

BHSA*
Mental health and substance use disorder policy
Program planning and implementation
Monitoring
Workforce
Quality improvement
Health equity
Evaluation
Budget allocations
Requires sufficient participation from diverse groups

<sup>\*</sup>Beginning January 1, 2025. BOLD is new.



## **BHSA Examples of Engagement Activities**

Public Comment on DRAFT IP and Annual Updates

Public Hearings on the DRAFT IP and Updates

Workgroups and Committees

**Focus Groups** 

Surveys

Key Informant Interviews

Subject Matter Experts Engagement Community Training, Education, and Outreach

# **BHSA Components**



#### **Community Program Planning**

#### Up to 5% of Budget (allowable)

- Expanded stakeholder groups.
- Include planning decisions from other systems in discussion.

# Improving access, coordination, and integration across BH service systems

## Behavioral Health Services and Supports

#### 35% of Budget

- Programs for early intervention, crisis, workforce, recovery supports, and expanding treatment programs in clinics.
  - Half for Early Intervention for children and youth 25 and younger.

#### **Housing Interventions**

#### 30% of Budget

- Money to pay for the cost to get and maintain housing such as rent, basic necessities, and other supports.
- Costs not covered by managed care plans

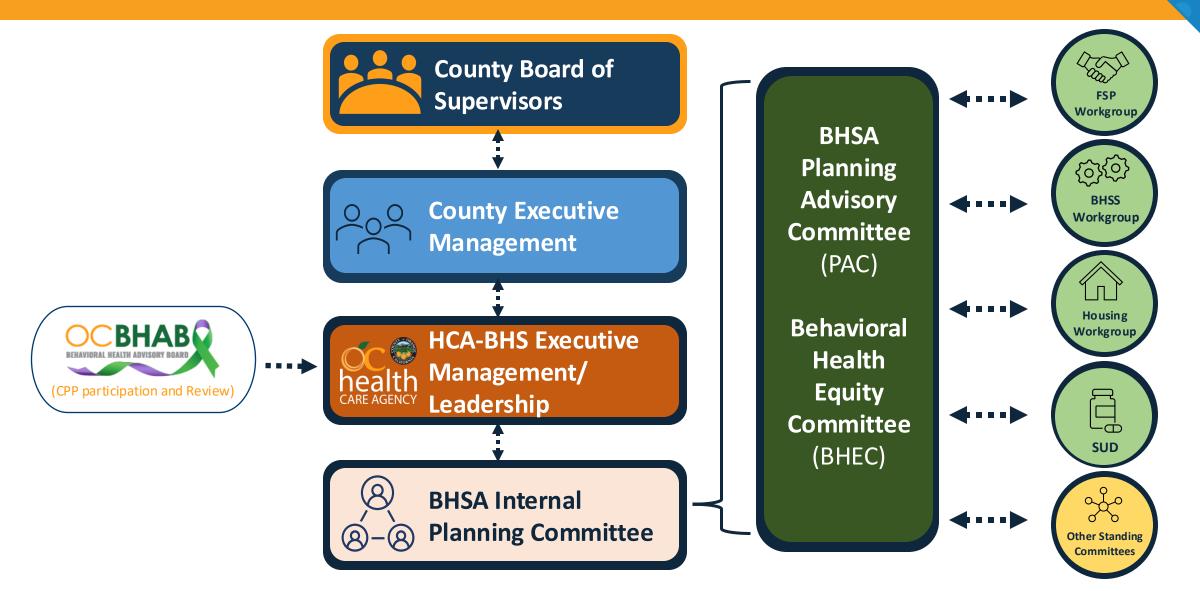
#### **Full Service Partnership**

#### 35% of Budget

 Intense outpatient, field-based programs that provide multiple engagement and/or treatment services over the course of a month.

## **BHSA CPP: Framework**





## **BH Integrated Plan Community Planning Timeline**

#### Jan - March 2025

#### Plan & Assess

Community planning PAC Kick-Off, listening and data sessions throughout county, cochair(s) recruitment and selection process



#### April –June 2025

#### Committees

PAC (April) data summary, committee cochair selected and announced, committee work begins; BHAB CPP report out (April)



#### **July – Sept 2025**

#### **Program Planning**

PAC (July) - Committee Report Outs, review for program/system intersectionality, finalize draft programs, align evaluation plans/metrics with state requirements; BHAB CPP report out (July)



Listening and Data Overview (Sessions





Workgroups Start



#### Oct - Dec 2025

#### Draft Plan Review

Draft Plan finalized, internal review, overview at BHAB, PAC (October) and throughout county;

CPP report out at BHAB (October)



#### April - May 2026

#### **Public Hearing**

Host Public Hearing, implementation planning, establishing admin infrastructure (RFPs, contract modification development, set up of financial tracking mechanisms, evaluation systems, policies and procedures, etc.)



#### Approve & Post

DHCS transfer approval, 30 day posting, continue Plan overview meetings during posting, implementation planning, setting up administrative infrastructure



#### **Board Approval**

Approval, implementation continues Upon approval







## **Upcoming Community Opportunities**



#### **Listening Sessions**

- Hosted by the Behavioral Health Advisory Board (BHAB)
- Opportunity for the Community and Stakeholders to help inform the development of our BHSA plan to deliver services to those with SMI receiving Medi-Cal
- Held regionally Open to the public



TENTATIVE DATES – details to follow									
Date Time		Time	Location						
Thursday	March 6, 2025	4:00 pm – 6:00 pm	Council on Aging Southern California, Irvine						
Wednesday	March 19, 2025	6:00 pm – 8:00 pm	Wellness & Prevention Center, San Juan Capistrano						
Thursday	March 20, 2025	4:00 pm – 6:00 pm	Access California Services, Anaheim						

## **Upcoming Community Opportunities – Cont'd**



#### **Data Discussions**

- Review and discussion of County-wide Behavioral Health related data and information.
- Held at community and provider sites throughout the County.
- In-Person or virtual opportunities.
- Open to providers, clients, family members, and public at large.

Providers wishing to host a Data Discussion at your site, please email <a href="mailto:BHSA@ochca.com">BHSA@ochca.com</a> for a request form with Community Data Request in the subject line



## **Upcoming Community Opportunities – Cont'd**



## PAC Meetings - NOW QUARTERLY ONLY

- An opportunity to engage stakeholders in discussions about Behavioral Health Policies, planning, program improvements, announce upcoming stakeholder engagement activities, and summarize stakeholder engagement activities held since the last meeting.
- Held quarterly at BHTC
- Open to ALL stakeholders

# Future Meeting Dates:

2<sup>nd</sup> Quarter April 24, 2025

3<sup>rd</sup> Quarter July, TBD

4<sup>th</sup> Quarter October, TBD



# Let's Take a Break



# Activity

## "One Word"

Think about how you feel about this upcoming year and describe it in one (1) word.

## "Una Palabra"

Piensa en cómo te sientes sobre este año que comienza y descríbelo en una (1) palabra.

## "Một Chữ"

Quý vị hãy suy nghĩ về một (1) chữ để mình phải cần làm gì về năm sắp tới đây

## "មួយពាកយ"

គិតថាជតើជោកអ្នកមានអារមមណ៍ យ៉ា ងដូច្ចមតច្ពីឆ្ន ំបន្ទា ប់ និង ពិពណ៍ទូពាកយមួយជន្ទោះដោយពាកយមួយ។







## **Activity Pt. 1 - Strengths & Core Values**

Q: What are the things you love most about this community?

P: ¿Qué es lo que más le gusta de esta comunidad?

Câu Hỏi: Quý vị yêu thích điều gì nhất ở cộng đồng này?

សំនួរៈ ផគើមានអ្វីផ្េងេធទៀតផទបដ ល់ដោកអ្នករសោញ់បំ តកនុងស គមន៍ របស់ដោកអ្នក?





# Activity Pt. 1 - Strengths & Core Values

Q: What values define our community?

P: ¿Qué valores definen a nuestra comunidad?

Câu Hỏi: Quý trọng nào xác định cộng đồng của chúng ta?

សំនួរៈ ជកើតនមលអ្វីបដល់តំណង ជអាយស គមន៍របស់ដោក-អ្នក?





# Activity Pt. 1 - Continued

### "What's Your Vision"

Briefly describe **one (1) thing** you hope to achieve in the next year with the Community Planning Process (CPP).

## ¿Cuál es su Visión?

Describa brevementa **una (1) cosa** que espera lograr en el próximo año con el Proceso De Planificación Comunitaria.

## Tầm Nhìn Của Quý Vị Cho Tương Lai Là Gì?

Mô tả ngắn gọn một (1) điều quý vị hy vọng đạt được trong năm tới với Community Planning Process (CPP).

# "ជតើអ្វីជាច្នុខ្សិស័យរបស់អ្នក" - ពិពណ៌ន្ទដោយសដង

ខបនូវជរឿងមួយ (1) បដល់អ្នកសងឃឹមថានឹង សជំរមច្បាន នៅឆ្ន ំជំរោយជាមួយ នឹងដំជំណើរោរប្នោរសគមន៍(CPP)។









# Activity Pt. 2 – Planning & Steps Forward

Q: What support, resources, and partnerships can be leveraged for this upcoming year?

P: ¿Qué apoyo, recursos y asociaciones pueden movilizarse para el año que viene?

Câu Hỏi: Những hỗ trợ, nguồn lực và quan hệ đối tác nào có thể được tận dụng cho năm sắp tới? សំនួរ៖ អ្វីជាោរគំ រទ របភពពត៍មាន និង ភាពជានងគូរបងលអាចោកបញ្ឈូលសរមាប់





## **Behavioral Health Transformation Initiatives**



Builds upon and aligns with other major behavioral health initiatives in California including:

<u>California Advancing and</u> <u>Innovating Medi-Cal</u> (CalAIM) initiative California <u>Behavioral Health</u>
<u>Community-Based</u>
<u>Organization Networks of</u>
<u>Equitable Care and Treatment</u>
<u>(BH-CONNECT)</u> initiative

Children and Youth
Behavioral Health
Initiative (CYBHI)

Medi-Cal Mobile
Crisis services

Behavioral Health
Bridge Housing
program

Community Assistance,
Recovery, and
Empowerment (CARE) Act,
Lanterman-Petris-Short
Conservatorship reforms

988 expansion,

Behavioral Health
Continuum Infrastructure
Program (BHCIP)

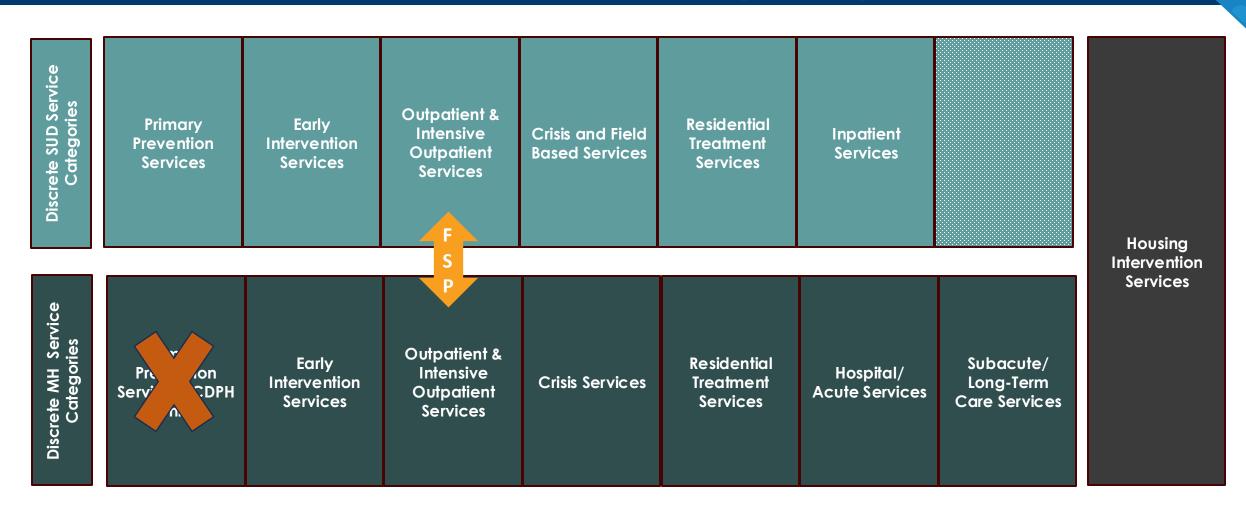
## **WARNING:**

Final guidance has not been received from the Department of Health Care Services and the information presented is subject to change.

## **Behavioral Health Continuum**



## DHCS Behavioral Health Continuum (DRAFT)



# **Behavioral Health Services Act Priority Populations**



\*Individuals living with serious mental illness and individuals living with substance use disorders who qualify for specialty mental health services:

	Eligible	Child	Iren	and	Y	outh	who:
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Are chronically homeless or experiencing homelessness or at risk of homelessness

Are in, or at risk of being in, the juvenile justice system

Are reentering the community from a youth correctional facility

Are in the child welfare system

Are at risk of institutionalization

#### **Eligible Adults and Older Adults who:**

Are chronically homeless or experiencing homelessness or at risk of homelessness

Are in, or at risk of being in, the justice system

Are reentering the community from state prison or county jail

Are at risk of conservatorship

Are at risk of institutionalization

# **Behavioral Health Services and Supports BHSS Overview**



#### **BHSS includes:**

Early Intervention

Programs and treatment services to enhance the Children's, Adult, and Older Adult Mental Health and Substance Use Disorder Systems of Care

Outreach and Engagement Programs

\*Outreach with the intention of connecting individuals with medically necessary care.

Workforce, Education, and Training Strategies

Capital Facilities and Technological Needs

Build space to deliver service and support billing and data systems.

Innovative behavioral health pilots and projects

\*Innovative pilots and projects may be included under each component

## **BHSS Continued**



### **Early Intervention Services**

#### **Programs Allowed**

- ✓ Outreach
- \*Outreach with the intention of connecting individuals with medically necessary care
- ✓ Access and Linkage to treatment
- ✓ Mental Health Treatment Services and Support
- ✓ Substance Use Disorder Treatment Services and Support

#### **Target Populations**

- ✓ Mental illness and SUD focus
- \*BH diagnosis not needed
- ✓ Identification of clinical high risk for psychosis and early treatment

#### **Children and Youth**

- ✓ Prioritize root cause of childhood trauma
- ✓ Focus on youth:
  - Experiencing Homelessness
  - Justice-involved
  - Child welfare-involved, with a history of trauma
  - Other populations at risk
  - Youth in populations with identified disparities.

#### **Policy Goals**

✓ Reduce adverse outcomes that may result from untreated mental illness

## **BHSS Continued**



#### **Other Services**

#### **Systems of Care**

- ✓ Individuals not enrolled in an FSP
- ✓ Systems of care will largely remain the same

# Outreach and Engagement

- ✓ Outreach with the intention of connecting individuals with medically necessary care
  \*Includes peers and families
- ✓ O&E is funded under each component

# Workforce, Education, and Training (WET)

- ✓ Addresses county needs to support employment in the Public Behavioral Health System
- May not use WET funding to address workforce recruitment and retention needs outside of Public Behavioral Health

# Innovative Behavioral Health Pilots/Projects

- ✓ Counties may pilot and test innovative BH models of care through each funded component
- ✓ Goal is to build the evidence base for new statewide strategies

## **BHSA - Substance Use Disorders**



## **NEW** in BHSA

The Behavioral Health Care Continuum is composed of two distinct frameworks for substance use disorder (SUD) and mental health (MH) services.

- Continue to reduce the stigma associated with SUDs
- Increased need often related to other MH conditions
- SUD services based on community identified needs
- Expand services by using BHSA with federal funding

# **BHSA - Treatment of Substance Use Disorders**





### Who is eligible:

- Children and youth 25 and under, and
- Adults/older adults 26 or older with:
  - A diagnosis of a moderate to severe substance use disorder\*
    - \*(except tobacco-related)

#### **SUD Services Include:**

- Early Intervention
- Outpatient
- Intensive Outpatient
- Crisis and Field Based
- Residential Treatment
- Inpatient
- Housing Intervention (optional)



Full-Service Partnerships (FSP) are comprehensive and intensive care for those with the most complex needs at any age.



#### **Standards of Care:**

- Levels based on individual needs
- Goal for step-down into the least intensive level of care



### **FSP Continuum**

#### **Required Services**

Mental health services, supportive services, and SUD services

Assertive field-based initiation for SUD, (including medications for addiction treatment)

Outpatient BH, either clinic or field-based for the ongoing evaluation and stabilization of participant

Ongoing engagement services to maintain enrolled individuals in their treatment plan

Service Planning

Housing Interventions\*

Assertive Community Treatment (ACT) and Forensic Assertive Community Treatment (FACT), or FSP Intensive Case Management (ICM)

High-Fidelity Wraparound (HFW)

Individual Placement and Support (IPS) model of Supported Employment

<sup>\*</sup>Housing Interventions must be funded through Housing Interventions funding



## Assertive Community Treatment (ACT)

Highest level of care

MUST monitor to fidelity

MUST mirror components outlined in Medi-Cal and be available to non-Medi-Cal members

## Intensive Case Management (ICM)

Step-down option for those with moderate needs

Comprehensive communitybased services (similar to ACT)

NOT monitored to fidelity

# Individual Placement and Support (IPS)

Strength-based approach

Supports individuals with SMI find and maintain employment

## High Fidelity Wraparound (HFW)

For children and youth

Team-based, family-centered

Intensive services in the family home or community.



### **Service Components**

#### **ACT**

- Assessment
- Crisis intervention
- Employment and education support
- Medication support services
- Peer support services
- Psychosocial rehabilitation
- Referral and linkages
- Therapy
- Treatment and Planning

## **IPS**

- Pre-employment services directly related to recovery goals
- Employment sustaining services directly related to recovery goals



#### **HFW**

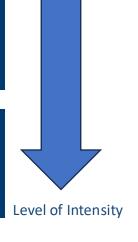
- Engagement and Team Preparation
- Plan Development
- Implementation
- Transition



### Levels of Care Framework

Full-Service Partnership Eligible Level 2: Assertive Community Treatment (ACT)
Stand-alone EBP for highest need adults and older adults

Level 1: FSP Intensive Case Management (ICM)
Higher need adults and older adults



High Fidelity Wraparound (HFW) required for children/youth



## **Housing Interventions**

#### **Housing Interventions include:**

- Rental subsidies
- Operating subsidies
- Shared housing (including recovery housing)
- Family housing
- Nonfederal share for Transitional Rent
- Other housing supports, including the community supports
- Capital development projects
- Project-based housing assistance, including master leasing

# Permanent Settings without time-limits include:

- Apartments
- Supportive housing
- Master-lease apartments
- Single room occupancy
- Shared housing (i.e., living with roommates)
- Recovery Housing
- Assisted Living (Adult Residential Care Facilities, Residential Care Facilities for the Elderly, Unlicensed Board and Care Patches)



## **Housing Interventions**

### **Target Populations**

#### Children and youth or adults and older adults MUST meet one of the following:

- a. Are chronically homeless or experiencing homelessness or are at risk of homelessness.
- b. Are in, or at risk of being in the Justice or juvenile justice system.
- c. Are reentering the community from a youth correctional facility, prison, or jail.
- d. Are in the child welfare system (children), or At risk of conservatorship (adults)
- e. Are at risk of institutionalization.

## **Goals for Housing**



Focus Area: Chronic homelessness, especially in encampments.

#### **Key Interventions:**

- Access to Care
- ✓ Low-Barrier Entry
- Diverse Housing Options

#### **Expanding Housing Availability:**

- $\Rightarrow$  Increase quality housing settings (temporary  $\Rightarrow$  permanent).
- **Provide flexibility** for counties

#### **Building on Existing Programs:**

- <u>**A**</u> Leverage current Housing Programs, Behavioral Health Bridge Housing, and Homekey.
- Ensure continuity, advancement, and expansion.

#### **Maximizing Funding Efficiency:**

Optimize BHSA funding by integrating Medi-Cal & HUD housing vouchers.

## **Housing First**



#### **Core Components:**

- **1** Inclusive Screening & Selection
- ✓ Applicants accepted regardless of sobriety, substance use, treatment completion, or service participation.
- ✓ No rejections due to:
  - Poor credit or financial history
  - Lack of rental history

- Criminal convictions unrelated to tenancy
- Perceived "housing readiness"

- Low-Barrier Entry
- ☑ Direct referrals from shelters, street outreach, drop-in centers, and crisis response systems.
- ✓ No requirement for program participation or service compliance as a condition for tenancy.
- **4** Tenant Rights & Responsibilities
- Leases granted with full tenant rights & responsibilities.
- No eviction solely for alcohol or drug use unless other lease violations occur.
- **A** Prioritization & Case Management
- **Selection based on need**, not "first-come-first-serve"—factors include:
  - Chronic homelessness duration
  - Vulnerability to early mortality

High crisis service utilization

## **Housing First**



#### **Core Components (continued):**

<b>E</b> Case managers & service coordinators trained in evidence-based practices:						
Motivational interviewing	Client-centered counseling					
Harm Reduction	Recognizes substance use & addiction as part of tenants' lives.					
Nonjudgmental communication	Offers education on reducing risky behaviors & safer practices.					
Connects tenants to evidence-based treatment	Safe & Supportive Environments					
Keeping Housing includes physical features to:						
<ul> <li>Accommodate disabilities</li> </ul>						
<ul><li>Reduce harm</li></ul>						
<ul> <li>Promote health, independence, &amp; community</li> </ul>						



## Lunch, Open Forum





## **BHSA Workgroup Overview**

#### Introduction

#### **4 BHSA Component Workgroups**

- 1. Full-Service Partnership (FSP)
- 2. Behavioral Health Services and Supports (BHSS)
- 3. Housing Interventions
- 4. Substance Use Disorder (SUD)

#### Term

#### **One-Year**

- ✓ Ending around January 2026
- ✓ No maximum term enforced

#### Workgroup Makeup

#### Co-chairs (2)

- ✓ One elected community member
- ✓ One HCA representative

#### **Committee Members**

✓ Interested community and HCA staff members

## Time Commitment

#### Meetings

- ✓ In-Person or virtually
- ✓ At least 1-2 times/month (TBD by workgroup)

## **BHSA Workgroup Co-Chair Applications**





#### **Co-Chair Applications**

- Workgroup co-chair applications available via email at BHSA@ochca.com
- Applications currently being accepted
- Review process approximately 30 days



#### **Alternates**

Co-chairs may nominate an alternate

Alternates must follow the same application process
as co-chairs

#### **Scoring**

- Applications reviewed by:
- HCA Ethnic Services Manager, Two BHSA Division Staff, One BHAB member and a Peer

#### **Scoring criteria**

- Relevant Experience, commitment to role, communication skills, collaborative skills, understanding of BHSA component goals
- Final recommendation:
- BHS Director





#### Responsibilities

Plan meetings and schedule conference calls.

Prepare and distribute agendas and meeting minutes.

Coordinate the distribution of materials.

Lead the development of programs and services for the Integrated Plan.

Monitor progress of workgroup.

Hold individual workgroup members accountable.

#### Skills

Strong leadership and collaboration skills.

Knowledge of publicly funded behavioral health services, BHSA components and related policies.

Cultural competence and sensitivity.

Strategic planning and problem-solving.

Effective communication and stakeholder engagement.



## **Proposed BHSA Workgroup County Co-chairs**

Full-Service
Partnership (FSP)

Chi Lam

Behavioral Health Services and Supports (BHSS)

**TBD** 

**Housing Interventions** 

**Christina Weckerly** 

**Substance Use Disorder (SUD)** 

**Mark Lawrenz** 



## **BHSA Workgroup Members**

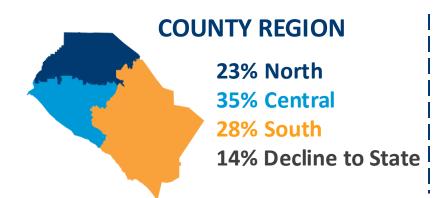
- No applications needed
- Interested? Email your interest to <a href="mailto:BHSA@ochca.com">BHSA@ochca.com</a> or sign up now!



WORKGROUPS BEGINNING ON OR AROUND APRIL 1ST

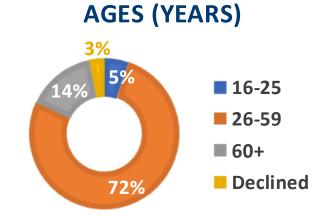


## **December 2024 PAC Demographics**



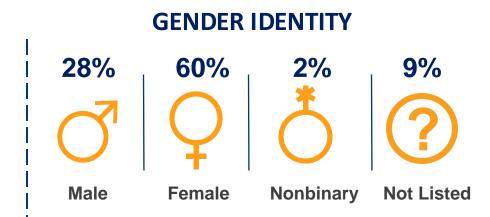
# CONSUMER/FAMILY MEMBER 21% Family Members Consumer





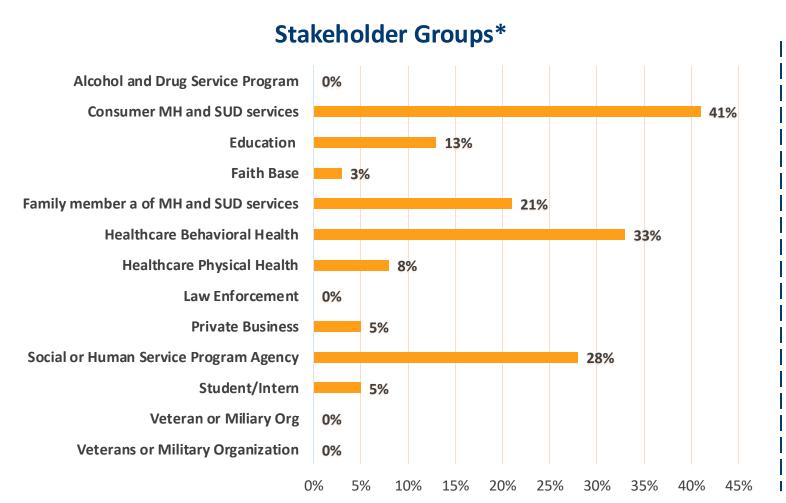


**Primary Language** 





## December 2024 PAC Demographics - Con't



#### Race/Ethnicity



- 2% African American/Black
- 2% American Indian or Alaskan Native
- 16% Asian
- 35% Caucasian/White
- 19% Hispanic/Latino
  - 9% More than One Race
- 16% Decline



## December 2024 PAC Feedback

		• •		
Do you feel that we achieved the goals outlined in the meeting agenda?	7%	14%	53%	26%
Did you feel engaged at this meeting?	2%	24%	53%	21%
Do our meetings give you space to interact with fellow team members in ways	3%	24%	49%	24%
Were you able to ask questions and voice your opinions?	2%	26%	45%	27%
Was everyone given the chance to contribute their ideas?	5%	19%	37%	39%
Overall, I am satisfied with this meeting.	5%	12%	46%	37%



## Stakeholder Feedback from December

## Language and Accessibility

- Emphasis on improving language support to enhance understanding.
- Positive feedback on previous improvements in language support, encouraging continuation.
- Requests for simplification of complex terms (e.g., legal jargon) for better comprehension.

## Meeting Structure and Engagement

- Appreciation for the structured approach but challenges with the meeting's full length.
- Suggestions to:
  - Share the agenda ahead of time.
  - Reserve questions for the end of presentations to maintain flow.
  - Incorporate more interactive activities to engage participants actively.
  - Allow opportunities for presubmitted or live questions during meetings.
  - Divide meetings for community members and contracted providers for tailored discussions.

#### **Content and Goals**

- Requests for clearer meeting goals and objectives.
- Desire for actionable, working meetings that involve collaborative tasks.
- Suggestions to clarify updates and changes (e.g., highlighting what's new vs. unchanged).
- Questions about services for specific groups, like children.

## Additional Features and Requests

- Ability to include links on websites for resources such as budgets and plans.
- Proposals for periodic reviews of plans (e.g., at 3, 6, 9, and 12 months).



### Stakeholder Feedback from December - Con't

## Feedback and Gratitude

- Positive comments on the informativeness, conciseness, and value of meetings.
- Appreciation for presentations, engagement, and keeping attendees informed, even with challenging news.
- Specific praise for naloxone training as a valuable and inclusive experience.

#### Suggestions for Improvement

- Provide clear opportunities for participants to contribute ideas.
- Offer forms for submitting questions before, during, or after meetings.
- Enhance the depth of discussions and address unanswered questions in follow-ups.

#### **General Sentiments**

- Satisfaction with the overall meeting experience.
- Gratitude for meals provided and efforts made to keep attendees engaged.

## **Satisfaction Survey**





## Thank you for your participation.

For questions or to request a meeting, please contact Michelle Smith at <a href="mailto:msmith@ochca.com">msmith@ochca.com</a> or call (714) 834-3104

For BHSA information please call (714) 834-3104 or email <a href="mailto:bhsa@ochca.com">bhsa@ochca.com</a>









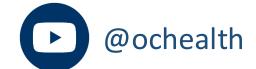
www.ochealthinfo.com













assess.

discuss.

improve.

#BHSA

Next meeting, Thursday

April 24, 2025

Scan the QR code below for more information

