



CalOptima Health



OC Healthy Brain Initiative and Partners Invite You To Brain Wellness Symposium & Resource Fair



Join us for a day of interactive learning and connect with clinical experts and organizations dedicated to the improvement of brain health across the lifespan

- ✔ Exclusive movie screening of **KEYS BAGS NAMES WORDS**
A documentary celebrating hope in aging
- ✔ Complimentary lunch & refreshments
- ✔ Exhibitors resource tables & prizes

Save the Date
**JUNE 13
2025**

Open to Community Members, Family Caregivers & Service Providers



9:00 AM - 4:30 PM



Norma Hertzog Community Center

1845 Park Ave.
Costa Mesa, CA 92627



Contact Us

HealthyBrainOC@ochca.com



(714) 834-7747



Learn more about healthy brain:
ochealthinfo.com/wellness-for-older-adults

Please **RSVP** using the QR Code or by email to **HealthyBrainOC@ochca.com**

No cost to attend



**Come Talk
with
Clinical Experts**