

Traveling Abroad?

Protect Against Measles



Before you travel internationally, make sure you are up-to-date on your measles-mumps-rubella (MMR) vaccines.

Infants 6-11 Months Old



Get an early dose at 6-11 months. Follow the recommended schedule and get another dose at 12-15 months and a final dose at 4-6 years.

Children 12 Months & Older

with no evidence of immunity*



Get first dose immediately.
Get second dose 28 days after first dose.

Teens & Adults

with no evidence of immunity*



Get first dose immediately.
Get second dose 28 days after first dose.

*Evidence of immunity includes one of the following: Written documentation of adequate vaccination, laboratory evidence of immunity, laboratory confirmation of measles, birth in the United States before 1957.

Plan to be fully vaccinated against measles at least **2 WEEKS** before you travel. If your trip is less than 2 weeks away, you should still get a dose of MMR vaccine.